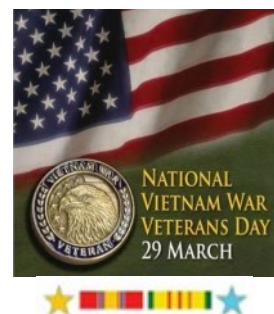




*Happy Easter*

**Sunday March 31st**



**VOL. 2024 #3**

## USS HENRY L. STIMSON ASSOCIATION SSBN655 NEWSLETTER

**Association Officers & Board of Directors 2023 - 2025**

<b>PRESIDENT</b> <u>Jerry [CJ] Blevins</u>	<b>VICE PRESIDENT</b> <u>Ray [Rita] Kreul</u>	<b>SECRETARY</b> <u>Nick [Linda] Nichols</u>	<b>TREASURER</b> <u>Ken [Diane] Meigs</u>	<b>PAST PRESIDENT</b> <u>Tom [Marie] Krauser</u>
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**Other Positions 2023 - 2025**

<b>HISTORIAN / CUSTODIAN</b> <u>Larry [Linda] Knutson</u>	<b>WEBMASTER / NEWSLETTER</b> <u>Nick [Linda] Nichols</u>	<b>CHAPLAIN</b> <u>Bruce [Vicki] Stefanik</u>
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### REUNION CONTROL CENTER 2025 Stimson Reunion Fall of 2025 Groton CT



**From the Association President -**  
Jerry Blevins, LT(SS) B 76-79,  
**USSVI USS Groton Base, 655**  
**Assoc Life Member:**

CJ and I are looking forward to spring weather and happy that winter is once again behind us.

For anyone considering attending the USSVI convention, 18-24 August, in Cleveland, OH, I noticed that the discounted hotel rooms are filling very fast. The USS Cod (SS-224) Subvets Base are the local sponsors. For anyone interested the link is: **USSVI National Convention 2024**  
**(subvetconvention.org)**

At the end of this newsletter I continue my articles in the Lost Boats series. There is a lot of information in these articles but the most interesting is the pictures of some of the crew. We looked like that when we were on our boats.



**Ship's Historian -** Larry Knutson,  
**MMCS(SS) B 79-81 USSVI**  
**Charleston Base, Holland Club:**

This will be the last month you will see this notice about Captain Bob's check-in card box. Many of you from the pre-yard #1 Gold crew have asked for and received copies of your cards. So here it goes one last time:

If you were on the Gold Crew during any time when Bob Weeks was the CO you completed a check-in card for him. The box of cards is now held by our Association secretary. If you would like a copy of your card sent to you please contact him at **655webmaster@ssbn655.org**.



**Chaplain's Corner -** Bruce Stefanik, MS1(SS) B 73-77, 655  
**Assoc Life Member, USSVI USS**  
**Asheville Base:**

May God be gracious to us and bless us and make his face shine upon us, Psalm 67.1

As the March winds begin to blow. As the days become longer and longer. May the winds of



**Looking For PHOTOS:** Shipmates, I received the following request from Daniel Snyder, STS3(SS) B 83-84. If you can help, please contact him at [dragonmuontain@gmail.com](mailto:dragonmuontain@gmail.com)

REUNION PENS: Those who attended the 2023 Reunion were given some very nice ink pens. At least one person has used his so often he ran out of ink and asked me where he could get a refill. I had no idea so he researched and found the refill. Thanks Mike.

<<<<<<<<<<<<<<<<>>>>>>>>>>>>>>>>

**Articles at the end of the newsletter:** This month you'll find the following articles at the end of the newsletter. All are very good reading. I hope you enjoy them.

1. Lost Boats during March by Jerry Blevins LT (SS) B 76-79, USSVI USS Groton Base, 655 Assoc Life Member
2. First Strike Capability Pt. 2 by Bob Gutierrez LTJG G Comm 66-67 Plank Owner
3. Ancestry Article by Don Ort MM1(SS) [CWO4 Ret] G/SY1/B 69-74, USSVI Charleson Base,

## Consumer Alerts from the FTC

Software provider Avast will pay \$16.5 million for compromising consumers' privacy

**Read more >**

If anyone has pictures you would like to share with your shipmates please either email them to me or contact me and I will send you directions to upload to our Stimson Dropbox file.

**655webmaster@ssbn655.org**

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## SUBMARINE QUALIFICATION CARD & CERTIFICATE

I continue to receive one or two qual cards from shipmates each month. It would be great if any of you can send me an email with copies of your SS qual cards and pictures of getting your dolphins.

Check out the **SS Qual Card & Certificate** webpage. When you find your card either scan it or take a good picture and send it to me at

**655webmaster@ssbn655.org**. Your name will be added to the new page with a link to your certificate. This is for all Stimson shipmates, not just the ones who qualified on the 655. No matter what boat you qualified on if you were on the Stimson send me a scan or picture and it will be added to the website.

You can include any item related to your SS qualification: Qual Certificate; Qual card, picture receiving your dolphins; etc.

### Qualification Cards of Stimson Sailors







The following Stimson Shipmates have departed on Eternal Patrol.

=====

**LCDR James Ronald 'Ron' Fisher B 67-69**

**CAPT Retired**

**Eternal Patrol: October 23, 2023**

[reported by Jim Kinney]

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The direct link to the Association Eternal Patrol page is: <http://ssbn655.org/eternal-patrol/eternal-patrol.html>



**WELCOME ABOARD: Found & Updated Shipmates**

(Shipmate has been added or information has been updated on our Sailing List. Please check the online Sailing List for shipmates contact info.)

**NOTE:** Don Ort, MM1(SS) G/SY1/G 69-74, CWO4 Ret, continues to locate our Stimson shipmates who are on our Sailing List be without an email address.

\*\*\*\*\*

**SK1(SS) Daniel Boyd B 84-87**

[update by shipmate]

**BINNACLE LIST UPDATES:** If you know of a shipmate who should be on the binnacle list please let me know. I will contact the shipmate for permission to add them to this list. I only add those who have given permission.

I am using the binnacle list as an ongoing story for each person on it. By doing it this way you will be able to understand the update better than if you do not remember what their health issues were.

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**Diane Meigs, wife of Ken Meigs, ETR2(SS) G 65-70 Plank Owner, Association Treasurer & Life Member, USSVI Member-at-Large &**

## **Holland Club**

Cards to: 1537 Pebble Beach Ct, Medford OR 97504

**1.24.2024: Email from Ken:** Diane is in her 5th of 7 weeks of Chemotherapy (2 drugs, 1 day/week) and radiation therapy 5 days/week. A couple of weeks ago we had been given word that the cancer finally was no longer growing, but today we just got the first word that they now believe that it has actually shrunk a little, which often is not the case until after radiation therapy is over. So far we have been able to stay ahead of any side effects which easily can be therapy-limiting, especially since one of her chemo agents tends to have a cumulative effect over the course of therapy, both for cancer killing ability, but as well as increasing her risk of side effects.

A couple of key **takeaways** I've picked up learning about this disease state are:

1. If you ever have **smoked a significant amount** in the past, even if you've quit 2 or 3 decades ago - **GET A CHEST XRAY ANNUALLY!!** Diane had not smoked for well over a decade and had no prior signs of cancer. Our Oncologist said that cardiovascular risk complications from cancer will decrease over time - however, **not so with your lungs. Had she not accepted her clinician's offer to do a chest x-ray**, we might not have caught this until it would have been too late, which is the case for many other people. I had asked our radiation oncologist about the ratio of lung cancer patients between those who had or had not smoked because I had heard that it leaned towards those who had smoked. He seemed to think that it was ~10 to 1 smokers vs. non-smokers, which really got my attention. We're now paying for how cheap cigarettes used to be for us. Remember, when many of us used to smoke in confined spaces (like submarines). I once heard that over 100,000 non-smokers die annually just due to 2nd hand smoke. So even if you weren't a smoker, an annual chest x-ray might also be a good idea.

2. **Cancer hides quite well.** When cancer finally shows up on a CT or a PET scan, you're now looking at 2-5 BILLION CANCER CELLS, not

thousands or millions of cells. We still do not have good surrogate markers to be able to detect cancer like we do for many/most other disease states, which is why when it becomes symptomatically detected, you could already be at stage 3 or stage 4. Some of the newer immunological agents are also helping with the fight. I like a recent St. Jude ad that said that when they first opened their doors, that they could save only 20% of their patients, but now that has grown to 80%, so we've made a lot of headway combating this disease state, but early detection still has a ways to go.

**We appreciate everyone's prayers** during this process and for everyone else to be aware of their current risk, which seems to increase with age. I'm 78 & now feel like I'm the only kid there in the oncology unit, that reminds me back during our new construction days when I felt like I was the only kid there. Lately when Diane is in for treatment, I've been talking to a diesel boat sailor (4 different boats) who joined in 1956 and also is a member of USVII, though our southern Oregon base is made up of many communities within a 150+ mile radius of Medford that meets a 80 miles north of here (Canyonville, OR), so neither of us attend the meetings.

*11.21.2023: Diane has had her second chemo treatment in Portland the middle of November and arrived back home Monday before Thanksgiving. Her and Ken are asking for prayer during her treatment and prayer for healing.*

=====

**Robert H. 'Bob' Granzow Jr., MIDN B 71, LT leaving the Navy**

Cards to: 36717 Ranch House Murrieta CA 92563

**12.24.2023: Email from Bob:** I have had blood cancer for many years, yet only found out recently. Does anyone reading this know of others who have been involved with Nuclear plant operation/maintenance that have had blood cancers, Polycythemia, or bone marrow disease? If so please contact me at [rgranzow@gmail.com](mailto:rgranzow@gmail.com) My oncologist might be able to submit a second chance request. For now, the VA rejected my letter for consideration/lower cost and has been

unable to help. The needed drug is \$3,380/month. So, it goes.

=====

**Bruce Stefanik, MS1(SS) B 73-77, 655 Assoc Life Member, USSVI USS Asheville Base:**

Cards to: 50 Fairway View Dr., Etowah NC 28729

**1.22.2024: Email from Vicki:** Bruce is doing well physically. He is on all 3 meds for slowing progression- liquid, pill & powder that he says tastes like battery acid. His doctor says some people can't handle taking it. His medical care other than his Wake Forest ALS team is mostly now with the Asheville VA Medical Center. They want to make sure he has everything he will eventually need in place well before he needs it. The VA PT took us to the office that does ramps. When they saw the ALS diagnosis, we had an appointment the next day with OT to order a ramp for the front door which was installed the Thursday before Christmas. Before we left there, he had a grabber to pick things up, an order for a Fall button & an appointment to be measured & fitted for his custom-made power chair.

The house is in construction which began January 2 and is planned to be finished mid-March. We are sleeping in the guest room and take showers at the Y as he can't easily get into the tub with the drop foot. The VA Specially Adapted Housing is changing our master bath into a wet room for easy wheelchair use and widening 3 doorways.

Bruce's VA medical care is now home based which is what they do for ALS patients. His PA and nurse were here last week to get to know us. The team dietitian will be here Tuesday. We should also get visits from the team OT and social worker. The VA has been fantastic.

He is currently wearing an eye patch for a palsy in the 2nd nerve of the right eye which causes double vision. It will take up to 6 months to heal. He has had 2 before which are diabetic connected. He is keeping our eye doctor since they have the Neuro ophthalmologist who has been treating him. And he wants to continue using our dentist so our regular insurance will cover those.

My left knee decided to do something the Saturday before Christmas. No blood clot or fracture and the bones are great so I am waiting on an MRI scheduled on the 29th.

Please continue to pray for Bruce's long-term ALS and my knee issue.

11.17.2023: We had a very good first visit to the Wake Forest ALS Clinic. My doctor added 2 medications and he recommended me as a good candidate for a Capture Study out of the University of Miami where they follow your chart entries after each clinic visit. The respiratory therapist gave me breathing exercises. The physical therapist explained why we really should have hardwood in our bedroom because of future equipment needs. The nutritionist taught us that ALS patients do better on the Mediterranean style diet so we will be converting to that. And the social worker connected us with the NC ALS Association social worker who gave us a whole notebook of resources.

And we have selected the contractor to do the VA adapted housing work the Adaptive Housing Construction Specialist said would be needed. They want to make sure it is done before it will actually be needed.

Just continue to keep us in your prayers.  
11.1.2023: In summer of 2022 I started having problems with my right foot. In August '22 it was diagnosed as drop foot and I was fitted with a brace to keep from tripping. The orthopedic leg specialist referred me to a spine specialist to determine the cause. From the MRI he thought I should have problems on my left side so he referred me to a neurologist. After her testing she felt it was more than diabetic neuropathy and she referred me to the neurology clinic at Wake Forest.

June 1st, I met with the doctor at Wake Forest. After his review of the reports from the first three doctors and his examination he voiced his suspicion but wanted to wait 3 months and do his own testing. On September 6th I had the testing at Wake Forest Diagnostic Neurology. After a little over a year of doctors and tests I have been diagnosed with ALS. I have been put on the

*medication that slows progression and will begin working with the specialists at the Wake Forest ALS Clinic in mid-November.*

*Thank you for your prayer support as we begin this journey.*

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**Elam Lee Mauk, EMCM(SS) B 65-69 COB 66-68 Plank, Assoc. Life Member, USSVI USS Sailfish Base Holland Club**

Card to: 4000 Ibis Way Unit 201 Venice FL 34292

**2.20.2024: Email from Gretchen Glaub:** John has joined the USS Sailfish Base and received the following email from the Base Commander. Elam is a member of the USS Sailfish Base:

- I called his home and spoke with his wife. He is in the Douglas T. Jacobson State Veterans Nursing Home in Port Charlotte with dementia. I have added him to our binnacle list. Bill Heck, USS Sailfish Base Commander

9.17.2023: Email from Angie Mauk: Elam Lee has been in dementia for the past two years, Of course we cannot travel. Hope your reunion is a great success, We will miss you all

=====

**Sandy Hastie, CAPT B 80 (Oct-Dec) CO-1 patrol**

Cards to: 75 Lambeth Dr., Asheville NC 28803-3425

**2.18.2024: Email from Sandy:** Dear Friends, we met with our local oncologist on Wednesday, February 14 to review Sandy's February 11 PET/CT scans.

Although preliminary, the scans showed the three cryoablation operations reduced the size of the cancer nodules that were in my left glute area, right shoulder, and right chest wall. The next scans in May will tell a more complete story. But, our oncologist, our surgeons, and we are cautiously optimistic that the May scans will show the operations significantly reduced or eliminated the nodules. This would help reduce the cancer load on the Keytruda immunotherapy and will hopefully allow Keytruda to more easily control the remaining cancer nodules.

Sandy is still recovering from the operations but making good progress.

We thank you for your prayers and for God's graciousness in answering them!

Warmly, Donna and Sandy

1.20.2024: Email from Sandy: Dear Friends,  
The three operations are done and we are planning to head home tomorrow [from Boston]. The first one had the greatest after operation pain and the doctors were wise to schedule that one first. The nodules they went after during this operation had grown which accounted for much of the pain.

The doctors said each of the operations went well. Their success will be monitored by the PET/CT scans I receive every three months. They don't expect to see much change until the second set of scans. The first set will be in early February and the second in May.

The doctors and we believe this is a step forward in the battle to keep going with Keytruda treatments. Time will tell. We have a faithful God and we trust in Him.

Our daughter, Cameron, who lives in Massachusetts visited us twice, once with her daughter, which helped keep our spirits up and was appreciated.

We thank you for all your prayers! They work!  
Warmly, Donna and Sandy

10.14.2023: Sandy and Donna were able to attend the Reunion in Summerville.

9.6.2023: Dear Family and Friends,

Donna's back problems have not resolved, despite two surgeries and other pain treatments. She still has significant pain in her back and right leg, which is reduced with meds but not below about a 5 or a 6. The back surgeon says he cannot help her further. We are working with the pain doctor and he is recommending a nerve stimulator to see if that will help. We are proceeding down that track, which will take some time to set up.

Sandy's cancer – The August 27, 2023 PET/CT showed some nodules of cancer grew a little while some others shrank showing Keytruda has not failed completely. Keytruda treatments will be continued; the outcome we wanted. The next check on Keytruda's effectiveness will be on

November 12, 2023. We live in three-month increments!

We are looking into the possibility of treating three spots of cancer in my muscle tissue, one in my right shoulder and two in my gluten area (butt) to eliminate these spots which are growing and thus reduce the cancer load on my immune system and let Keytruda be more effective.

We thank you for your prayers and Jesus for his continued protection. We will keep you informed. Love, Donna and Sandy

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**Ron 'RG' Hyson, STS1(SS) B 70-75, Assoc. Life Member, USSVI Hampton Roads Base, Holland Club, STSCM(SS) Retired**

Cards to: 3425 MacDonald Rd., Virginia Beach VA 23464

12.18.2023: Email from Jean: No new updates at this time, but Ron will be re-evaluated for his Alzheimer's on January 4, 2024. We will let you know the results when available. Thank you for the prayers and blessings.

5.24.23: Email from Jean: I really don't have any updates, just taking it one day at a time. We have started attending some social events at our local VFW and Ron enjoys the camaraderie of his VFW buddies, this certainly raises his spirits. Please keep checking in. Your thoughts and prayers are greatly appreciated.

1.29.23: Email from Ron 'RG': After my diagnoses of Alzheimer's, February 2022, I had to have my Aortic Heart Valve replaced in April followed by Cardio Rehab from June to August of 2022. I entered a CBD Oil Study from July to October through EVMS, Eastern Virginia Medical School, to help with my anxiety and agitation. It seemed to help a lot. January 2023, I was reevaluated for my Alzheimer's and I am now in the moderate stage. I was prescribed new medication to help with my memory and anxiety. It seems to be working very well. Thank you for all your prayers, RG and Jean

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**GREAT LINKS TO SPEND TIME WITH**

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## 655 Association Website

[www.ssbn655.org](http://www.ssbn655.org)

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Enjoy these videos from the 2023 Stimson Reunion #12 Decommissioning + 30 Years

Association Eternal Patrol Service

<https://youtu.be/nGqEWt9tEKU>

Association Business Meeting

<https://youtu.be/5aEbCOXGI2w>

Reunion Banquet Program Reunion

Chairman Harry Nettles Guest Speaker Sam Johnson, Decom CO

<https://youtu.be/OH7cLPcq24g>

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Tom Krauser has submitted these links he found while looking for Stimson info:

NavSource Online: Submarine Photo Archive

<https://www.navsource.org/archives/08/08655.htm>

WikiPedia

[https://en.wikipedia.org/wiki/USS\\_Henry\\_L.\\_Stimson](https://en.wikipedia.org/wiki/USS_Henry_L._Stimson)

Naval History and Heritage Command

<https://www.history.navy.mil/research/histories/ship-histories/danfs/h/henry-l-stimson-ssb-n-655.html>

Hull Number.COM Crew register

<https://www.hullnumber.com/crew1.php?cm=ssbn-655>

TheLeanSubmariner.com

<https://theleansubmariner.com/2019/10/08/uss-henry-l-stimson-ssbn-655-to-keep-peace-you-must-be-strong-to-resist-aggression/>

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## SEA STORIES, COMMENTS and JUST GOOD THINGS From Our Shipmates

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*Submitted by Harry Daugherty, LTJG B CHOP 76-78, Assoc. Life Member*

I was thinking of a short-term shipmate and decided to look on the crew list and saw a Bob

Luna listed with only a reference to Facebook. I don't do social media but I wonder if that would be SK2 Luna who was pulled from his crew in Rota immediately after his patrol to go on patrol as we were undermanned due to drug bust that caught most of our seamen. Our refit was almost over when he was assigned so he was not needed in his rate but spent the patrol on the planes and the went back to his original crew right afterwards. I always wondered if he ended up doing three patrols back-to-back.

He kept a great attitude and deserved more than thanks.

Just wondering.



### The Computer Corner

By: George Birmingham, ET1 (SS) G/SY1/G 69-74, Assoc. Life Member, USSVI Carolina Piedmont Base, Holland Club

### Home Safety and Smoke/CO Detectors

By now, most of our homes are equipped with smoke detectors/alarms. That was not always the case, as the Life Safety Code (NFPA 101), passed by the National Fire Protection Association in 1976, first required smoke alarms in homes.

They have been fixtures in commercial buildings much longer. Local building codes have incorporated this into recent building codes.

We are reminded to change those batteries on a regular basis, depending on who you ask. The National Fire Protection Association (NFPA) recommends changing the batteries in your smoke alarm every 6 months, though many manufacturers are now providing longer life batteries, up to 10 years in fact (FirstAlert) and for AC connected smoke detectors, the drain on the battery is reduced. But most of us are disciplined to replace batteries on an annual basis to be on the safe side.

But did you know that the physical smoke detectors themselves also have a lifetime - which is 10 years? FirstAlert notes on their support



webpage that “Each smoke detector should be replaced 10 years after the date of installation. If you’re not sure when it was installed, check the back of the smoke detector for the manufacture date and add 10 years to it to get the expiration or replacement date. Most CO alarms expire after 7 years, so if you have a combo smoke and CO detector, you should replace it every 7 years.”

While doing my annual battery change, I discovered that I had some Kidde units from 2011 and from 2015, although my house was built in 2016. Now I have all of mine updated to 2023 versions to make sure I can depend on these units. For folks renting or living in an apartment complex, unless your landlord has made it your responsibility for battery changes, it just might be good idea to inquire as to their particular smoke detector maintenance practice to make sure this important item is maintained. Your life and the lives of your loved ones depend on it.

**'The most terrifying words In the English language are: I'm from the government and I'm here to help' - Ronald Reagan**

### **The Lean Submariner**

Here’s the latest posts on the blog. Still going strong. The link to his blog is

<https://theleansubmariner.com/>

\*\*\*\*\*

### **Another New Adventure; Supporting the USS Pennsylvania**

I belong to a number of organizations that promote the support of our navy and veterans. Those include the Navy League, the American Legion, the VFW, the Naval Institute and the Naval Submarine League (NSL). I recently became a life member of the NSL. The great thing about becoming older is that the cost of [...]

**Read more of this post**

\*\*\*\*\*

### **Tradition!**

Tradition! One of my great loves is old school musicals that made it to the big screen. Probably because I was an actor in high school and a few

rare times since then. But one of my favorite musicals of all time was Fiddler on the Roof. What a great story line about overcoming great [...]

**Read more of this post**

\*\*\*\*\*

### **The American Diver - CSS Hunley**

One of my favorite books in my small collection about submarines is one that was written by Robert Hatfield Barnes in 1944. I did an extensive search about Mr. Barnes background and came up short. The copy I have has an inscription in the front that merely says “Dedicated to the officers and men of [...]

**Read more of this post**

\*\*\*\*\*

### **156 Years ago, still growing**

*New London – The Cradle of Submarine Life in America (Yesterday, Today and Tomorrow)*

The Cradle of Submarine Life in America began its story 150 years ago April 11 1868-2018 I was reading through a Naval History record of Building the Navy’s Bases in World War II (Volume I (Part II)) Part of the massive construction done to support the war was the story about the expansion of the ...

**Read more of this post**

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### **Periscopes Off Our Coasts**

Seventy years ago, the Korean War was coming to a stalemate and the Cold War was heating up all around the globe. America was weary from back-to-back military conflicts and facing a new future in the shadow of the nuclear bombs that were possessed by both sides of the Iron Curtain. The ability to openly [...]

**Read more of this post**

\*\*\*\*\*

### **A lot has changed in 70 years**

Seventy years doesn’t seem like such a long time ago now. Looking back over my life, I would have to say that I am amazed at how quickly those years have come and gone. Well not quite. I don’t actually turn seventy until May 20th. But I am reminded often that there has never been [...]

**Read more of this post**

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your treatment options and the challenges you may face. [Learn more.](#)

=====

### **Talking Memory Loss with Your Doctor**

It can be normal to forget things as you get older, but there are sure signs it's time to talk to your doctor about memory loss. We want you to feel prepared for this appointment. [Learn more.](#)

=====

### **Weight Management: Getting Started**

There's no perfect weight for everyone. But your health care team can help you set and reach a weight goal that helps you live your healthiest life. [Learn more.](#)

=====

### **Get Care Now with VA Health Chat**

Chat with a VA health care team member in real time. Get medical advice, schedule appointments, refill prescriptions wherever you are. [Learn more.](#)

=====

### **Quit Smokeless Tobacco Today**

Quitting smokeless tobacco any day can improve your health every day. The Great American Spit Out takes place February 22—a perfect time to learn how VA can help you develop a quit plan and provide you with support to stick to it. [Learn more.](#)

=====

### **Get Appointment Reminders to Your Phone Easily confirm or cancel**

It can be hard to keep track of medical appointments. That's why VA has text message appointment reminders. Start or stop reminders at any time. [Learn more.](#)

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### **How to Spot Deep Vein Thrombosis**

Deep vein thrombosis can happen to anyone, and many of the symptoms can look like other health problems. Read about the risk factors and ways to prevent blood clots. [Learn more](#)

=====

### **Better Health Isn't Far Away with TeleMOVE!**

You can step closer to your fitness goals without leaving home. Try out popular technologies in the TeleMOVE! weight management program. [Learn more.](#)

=====

### **VA Support for Staying Independent**

Don't face aging, disability, or illness alone. VA resources help you protect your independence, well-being, and care preferences. [Learn more.](#)

=====

### **Make a Plan for Diabetes**

Staying active and choosing a diabetic-friendly diet are the first steps to manage your diabetes. VA can help you find the right health strategy that works for you. [Learn more.](#)

=====

### **Breakfast for Busy Mornings**

Don't skip breakfast when you're short on time in the morning. Instead, start your day with healthy recipes that take 20 minutes or less. [Watch now.](#)

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### **Getting a Prosthetic at VA**

Using a prosthetic device is a big change for your body and your life. Your VA health care team is here to support you during every stage toward health and independence. [Learn more.](#)

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## **DO YOU LIKE YOUR PRIVACY WHEN USING YOUR TELEVISION?**

**This is a long article but a very timely one as we continue to lose our privacy to electronic devices.**

Original article can be found here: <https://www.msn.com/en-us/money/other/your-smart-tv-is-tracking-you-here-s-how-to-disable-it/ar-BB1hSmZN?ocid=hpmsn&cvid=d797d4a7aa4245e7ad2f1c5d1bd80d61&ei=112>

### **Your smart TV knows what you're watching**

If you bought a new smart TV during any of the holiday sales, there's likely to be an uninvited guest watching along with you. The most popular smart TVs sold today use automatic content recognition (ACR), a kind of ad surveillance technology that collects data on everything you view and sends it to a proprietary database to identify what you're watching and serve you highly targeted ads. The software is largely hidden from view, and it's complicated to opt out. Many

consumers aren't aware of ACR, let alone that it's active on their shiny new TVs. If that's you, and you'd like to turn it off, [The Markup](#) is going to show you how.

First, a quick primer on the tech: ACR identifies what's displayed on your television, including content served through a cable TV box, streaming service, or game console, by continuously grabbing screenshots and comparing them to a massive database of media and advertisements. Think of it as a Shazam-like service constantly running in the background while your TV is on.

These TVs can capture and identify 7,200 images per hour, or approximately two every second. The data is then used for content recommendations and ad targeting, which is a huge business; advertisers spent an [estimated \\$18.6 billion](#) on smart TV ads in 2022, according to market research firm eMarketer.

For anyone who'd rather not have ACR looking over their shoulder while they watch, we've put together a guide to turning it off on three of the most popular smart TV software platforms in use last year. Depending on the platform, turning off ACR took us between 10 and 37 clicks.

## Roku

[Roku OS](#) is the most popular smart TV operating system in the US, running on the company's streaming media devices and TVs, as well as some TCL, Hisense, Philips, and Sharp televisions. It took 11 to 24 clicks to turn off Roku's ACR system, called "[Smart TV Experience](#)," which is only bundled with TVs and not Roku streaming sticks. Roku offers users the ability to turn off targeted advertising and opt out of third-party data sharing through an online account, but turning off ACR is available only on the TV set itself.

### How to Turn Off Roku's "Smart TV Experience"

1. On your TV's home screen, select the **Settings** menu.
2. Under the **Settings** menu, navigate to and select the **Privacy** option.
3. Select the **Smart TV Experience** option. Uncheck the **Use info from TV inputs** option to turn off ACR.

Users can also opt out of seeing **personalized ads** from their Roku home screen. The same number of ads will still appear but will not be based on user data.

1. On the home screen, select the **Settings** menu.
2. Under the Settings menu, navigate to and select the **Privacy** option.
3. Under privacy, select the **Advertising** option. Uncheck **Personalized ads**. A pop-up will appear. Confirm **Don't personalize my ads**.

### BONUS: Opt out online through your Roku account

Roku provides a relatively easy process to manage privacy settings online. The online privacy hub does not include an opt-out for ACR but does include options to limit the use, sharing, and sale of your personal information.

Sign in to your [Roku account](#).

Under the **Account** header, select **Privacy settings** ([or navigate directly there using this link](#)).

1. Under **Ads personalization**, click on **Manage personalized ads** to manage ad personalization settings.

Click the switch button under **Personalized ads**, and in the pop-up, confirm the selection by clicking on the **Don't personalize my ads** button. (Beware the [dark pattern](#): The confirmation button blends in with the background, while the purple cancel button stands out.)

Navigate back to **Privacy settings**.

1. Under **US privacy opt-outs**, click on **Manage US privacy controls** to manage how data collected is shared and used.
2. Toggle the **Do not share or sell my personal information** option.

Toggle the **Limit the use of my sensitive personal information** option.

## Samsung

Samsung is the most popular TV manufacturer in the world. It took 10 to 37 clicks to turn off ACR, which Samsung calls "Viewing information services." If you've connected your television to a Samsung account, you can opt out of ACR and other ad targeting online as well.

### How to Turn Off Samsung's "Viewing



## Information Services"

1. Navigate to the home screen by pressing the **Home** button.
2. Navigate left to the sidebar menu.
3. In the sidebar menu, select the **Privacy Choices** option.
4. Select the **Terms & Conditions, Privacy Policy** option.
5. Ensure the **Viewing Information Services** checkbox is unchecked.

6. **Turn off ad targeting.** Underneath the Viewing Information Services checkbox, uncheck **Interest-Based Advertisements Services U.S. Privacy Notice**.

Select the **OK** option box at the bottom of the screen to confirm changes to turn off ACR (and targeted advertising if you unchecked it).

### **BONUS: Opt out online through your Samsung account**

If your TV is connected to a Samsung account, you can opt out of both ACR and personalized ads online.

Navigate to the [Samsung account homepage](#).

1. Sign in into the account used on your Samsung smart TV.
- At the top menu, click on the **Privacy** tab to navigate to the [privacy dashboard](#) (or click directly on the link).
1. Click on the **Customization Service** menu option.
  2. At the bottom of the page, toggle the **Viewing Information** option under the **TV** heading to turn off ACR.
  3. Toggle the **Customization Service** option to turn off data collection on all device data, including Samsung mobile devices if they are connected to the same account as your TV.
  4. Navigate back to the privacy dashboard.
  5. Select the **Improve personalized ads with Samsung account data** menu option.
- Toggle **Improve personalized ads with Samsung account data** to turn off targeted ads. The option to opt out of third-party data sharing or sales is accessed through a separate webpage from the privacy hub and requires you to input

your state and zip code.

Navigate to Samsung's [privacy rights page](#).

1. Scroll down and select the **CREATE REQUEST** option.
2. Click the blue **SELECT** button under the **Consumer header**.
3. Select your state and input your zip code and hit **SUBMIT**.
4. Under the **Data Linked to Your Samsung account** header, click the blue **SELECT** button.
5. Log in to the Samsung account connected to your Smart TV.
6. Under the **Select your privacy right** header, select the **Do Not Sell or Share (Opt-out of Targeted Ads)** option.
7. Check the **Select All** box by the **Please Select App and/or Service** header.
8. Select the blue **NEXT** button.
9. On the **Review & Submit Your Request** page, scroll to the bottom and select the blue **SUBMIT** button.

Retain the ticket number for review. You'll also receive an email confirmation with the ticket number. Samsung says it can take up to 45 days for the request to receive a response. You can return to the [privacy rights page](#) to look up the status of your ticket.

## **LG**

LG requires users to accept all the user agreements and terms of service to use any of the television's smart features. This includes agreements for viewing information, voice assistants, and cross-device advertising.

LG calls its ACR-powered content recommendation system "Live Plus." It took 27 clicks to turn off "Live Plus." LG does not offer a way to limit ACR and other tracking through an online account.

### **How to Turn Off LG's "Live Plus"**

1. Navigate to the home screen by pressing the **Home** button.
2. On your remote, press the **Settings** button.
3. In the settings side menu pop-up, select the **Settings** option.

4. In the menu, select the **General** option.

5. In the General menu, select the **System** option.

6. In the System menu, select the **Additional Settings** option.

In the Additional Settings, toggle off the **Live Plus** option.

Users can also opt out of ad targeting, limit ad tracking, and third-party data sharing.

The **Additional Settings** menu includes a **Home Settings** menu where users can turn off banner ads and content recommendations:

1. In the **Additional Settings** menu, select the **Home Settings** option.

2. Uncheck the **Home Promotion** option.

Uncheck the **Content Recommendation** option.

The **Additional Settings** menu includes an **Advertisement** settings menu where users can limit ad tracking:

1. In the **Additional Settings** menu, select **Advertisement**.

Toggle on the **Limit AD Tracking** option.

The **Support** menu includes

an **Advertisement** settings menu where users can limit the sharing or sale of data to third parties:

1. Navigate to the home screen by pressing the **Home** button on your remote.

2. On your remote, press the **Settings** button.

3. In the settings side menu pop-up, select the **Settings** option.

4. In the menu, select the **Support** option.

In the Support menu, select the **Privacy & Terms** option. Toggle on the **Do Not Sell My Personal Information** option.

LG does not offer a way to opt out of ACR or ad targeting on its website. Opting out of third-party data sharing is more difficult to do [online](#) than on your TV, requiring you to find and submit your model's TV operating system and unique hardware identifier.

If you recently purchased a new smart TV with ACR that is not on this list, The Markup is interested in learning more about readers' experiences with privacy and advertising on smart

TVs.

*This story was produced by The Markup and reviewed and distributed by Stacker Media.*

**'No arsenal, or no weapon in the arsenals of the world, is as formidable as the will and moral courage of free men and women.' - Ronald Reagan**

*Shipmates...Although very long, this document makes for outstanding reading. It is 10 pages when put into a document for viewing. I have put the first 5 paragraphs here for you to read, and if you are interested enough, you can use the link to read the document on the web. I recommend you take time to read this. There are some great pictures included on the website also.*

**Life Aboard A Nuclear Submarine As The U.S. Responds To Threats Around The Globe**  
**How the Navy prowls today's uncertain seas—and prepares for possible superpower conflict tomorrow**

(VANITY FAIR 15 FEB 24) ... Adam Ciralsky

Under cover of darkness, I boarded a Navy vessel at a heavily guarded military base along the Eastern Seaboard. The location and time of departure, as well as the direction and distance of travel, were unknown to me. Adding to the sense of secrecy, a towering sailor in camouflage stood in the rain, examining my belongings for electronics that might leave a digital trail an adversary could intercept and exploit.

Buffeted by strong winds and high Atlantic seas, the support ship sailed through the night for more than 15 storm-tossed hours toward a destination somewhere off the continental shelf. Just after dawn, a sleek, inky object appeared in the distance, right above the waterline. It was the protruding bridge of what sailors call a “boomer”—a submarine armed to the gills with nuclear missiles—which is considered the most lethal, stealthy, and survivable weapon in America's strategic arsenal.

Photographer Philip Montgomery and I had

been granted permission to chronicle life aboard a boomer—at a perilous time. Our embed was unique: The arms and technology on board, along with the ship's routines and missions, are among the government's most closely guarded secrets. We'd been told that the number of civilians who had been given this level of access (carrying cameras, no less) was roughly the same as that who have walked on the moon.

Last summer, when I'd placed a request for the voyage, America was confronting two superpower threats: Beijing's increasingly bold advances in the South China Sea and Moscow's full-scale invasion of Ukraine. Then, in October, the Israel-Hamas war added new urgency. US warships were drawn to the region, projecting force in case the conflict escalated. In short order, American vessels began intercepting long-range missiles that Iranian-supplied Yemeni rebels fired on Israel and on the ships themselves. When other Tehran-backed militias attacked US outposts in Iraq, Syria, and then Jordan, killing three service members in late January, it was apparent the reprisals from American fighter jets had not been a sufficient deterrent. President Biden, with carrier strike groups already in place, decided to retaliate forcefully, on multiple targets.

In October, we'd been slated to board a sub in, of all places, the Middle East. But when American vessels came under attack, our trip was scrubbed. "You'd have been out at sea for months," one of our handlers worried. In November, though, we were given short notice to fly to a Southern city in the US where we would be met, escorted to a ship, and then ferried to a boomer. A senior officer, we were told, was heading out to conduct an evaluation of a rookie submarine captain, and we would be along to observe. The sub would surface for a short time—so as not to draw unwanted attention. We were to climb aboard and the ship would submerge.

<https://www.vanityfair.com/news/life-aboard-a-nuclear-submarine>

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### **Sevmash Launches Fifth Borei-A Ballistic Missile Submarine**

"The Knyaz Pozharsky embodies the most advanced technological solutions, experience and traditions of domestic submarine shipbuilding," Navy Commander Admiral Nikolai Evmenov said at the launching ceremony in Severodvinsk on Saturday.

(BARENTS OBSERVER 04 FEB 24) ... Thomas Nilsen

When visiting Severodvinsk last December, Russian dictator Vladimir Putin promised to increase work to strengthen the country's naval power.

On Saturday, the giant doors to the large shiphall at Sevmash yard once again opened and a brand-new ballistic missile submarine was rolled out, the Defense Ministry's press service informs.

The Knyaz Pozharsky is the eighth Borei-class and the fifth upgraded Borei-A, a nuclear-powered submarine carrying 16 Bulava missiles tipped with multiple nuclear warheads.

A total of 12 Borei-class submarines will be built. So far, seven of them have been delivered.

When all are delivered sometime after 2031, they will be the backbone of Russia's navy nuclear deterrence and replace the outgoing Delta-III subs in the Pacific Fleet and the Delta-IV subs sailing with the Northern Fleet.

As the latest submarine was rolled out in Severodvinsk on February 3, the captain smashed a bottle of champagne into the hull. Sevmash director Mikhail Budnichenko stated he is "confident that the fleet will receive the latest ship on time to solve the tasks set by the Supreme Commander-in-Chief [Putin]."

Named after the Russian prince Dmitri Pozarsky who led the Polish-Muscovite war (1611-1612), the new Borei-A submarine now starts sea trials before being commissioned to the Northern Fleet, a year or two from now.

During the testing period, the Knyaz Pozharsky will sail from Belomorsk naval base in Severodvinsk with experts from both the Navy and the shipyard. Navigation, diving, propulsion, and weapons will be tested on voyages in the White Sea before the vessel formally will be handed over to the Navy.

The Northern Fleet's ballistic missile submarines are based at Gadzhiyevo north of Murmansk on the Barents Sea coast of the Kola Peninsula. Nuclear deterrent patrols take place in the northeast Barents Sea and under the Arctic ice cap.

Powered by one reactor, the 170-meter-long Borei-A class also carries multiple torpedoes and anti-ship missiles. Each submarine reportedly has a crew of 107 men.

<https://thebarentsobserver.com/en/security/2024/02/sevmash-launches-eighth-borei-class-ballistic-missile-submarine>

### **For Navy Submarines And Norfolk's USS Pasadena, Surfacing For Supplies Is A Matter Of Life Or Death**

(VIRGINIAN-PILOT 04 FEB 24) ... Caitlyn Burchett

NORFOLK, Va. — Plastered on plaques, chair covers, and tabletops aboard the USS Pasadena is a decorative crest reminding the submarine's sailors of their mission: "anytime, anywhere."

"We are like ninjas," Lt. j.g. Judner Attys said with a smirk.

The USS Pasadena, a Los Angeles-class fast attack submarine, is undergoing a scheduled maintenance pierside at Naval Station Norfolk. It is one of about 60 active U.S. Navy submarines around the world.

Capable of operating for months from the deep, these submersibles are seldom seen once they dive, resurfacing only for supplies.

What allows the Pasadena, as well as every submarine in the Navy's fleet, to live up to the "anytime, anywhere" motto is the ability to be self-sufficient. This includes making its own fresh water and oxygen for the 140 sailors on board.

"Every time we make the decision to surface, we are saying, 'Here we are,'" said Senior Chief Petty Officer Eddie Murray, the master chief of the Pasadena's engineering department.

In July, the Pasadena made national headlines for stopping at the U.S. naval base at Guantanamo Bay around the same time a Russian naval vessel arrived at Havana's port.

The Cuban Foreign Ministry called the Pasadena's visit a "provocative escalation," ABC News reported.

Self-sufficiency, Murray said, can be the difference between life and death for the entire crew.

Submarines use reverse osmosis for production of fresh water. The process is identical to that of coastal towns, with the only difference being powered by the nuclear energy of a submarine, Murray said.

Reverse osmosis works by bringing in seawater from the ocean and pressurizing it to remove salt and other contaminants. The water produced by submarines, Murray said, is the "purest water."

"The only way to get fresher water would be like in Iceland and Greenland, straight from a glacial source," Murray said.

The water is tested weekly to ensure it's safe for the crew to drink. The water is also used for plumbing. Just as important, if not more important, is a submarine's ability to create its own oxygen.

"It is just like how you make air at your house for tools, like with a little air compressor," Murray said. "The only difference is ours is a little bit bigger and goes up to higher pressure."

Submarines make air using electrolysis, which splits water molecules to produce hydrogen and oxygen. The hydrogen is put back into the ocean while the oxygen is stored in tanks aboard the submarine.

"Sustainability is what allows us to be anywhere, anytime, in any given situation," Attys said.

Invisibility is vital for submarine missions. According to the Department of Defense, submarines are tasked with anti-surface and antisubmarine warfare, intelligence gathering, mine reconnaissance, land attacks, polar operations, Special Forces support and defending other fleet ships.

As supply officer aboard the Pasadena, Attys said he is responsible for optimizing "every little inch" of the 362-foot submarine to ensure it surfaces when leadership wants it to — not when



it is forced to because it is low on supplies.

“We are the tip of the spear,” Attys said.

“Adversaries know we are out there but they can’t guess when or where we will pop up.”

<https://www.stripes.com/branches/navy/2024-02-04/navy-submarine-uss-pasadena-12895937.html>

### **Australian Sailors To Embed On U.S. Navy Submarine Tender In Guam**

(USNI NEWS 05 FEB 24) ... Sam LaGrone

A team of 37 Royal Australian Navy sailors are heading to Guam to learn how to maintain nuclear submarines, according to a Monday statement from the service.

The officers and enlisted sailors will embed aboard USS Emory S. Land (AS-39), the U.S. Navy’s mobile submarine maintenance platform located in Guam.

“The Navy personnel will spend up to five months on board Emory S. Land integrating with U.S. sailors and building the unique knowledge, skills and experience in how the U.S. conducts nuclear-powered submarine maintenance,” reads a Sunday statement from the RAN.

“It will also enable the Royal Australian Navy to support the first planned maintenance activity of a US SSN during a visit to HMAS Stirling in the second half of this year.”

The embedded maintenance team aboard Emory S. Land will inform the RAN effort to support U.S. deployments to Western Australia for boats that will be crewed by U.S. and Australian sailors.

“The skills, knowledge and experience gained in Guam alongside our United States Navy partners will afford our people the opportunity to undertake some of the most complex maintenance on a United States SSN,” RAN chief Vice Adm. Mark Hammond said in a statement.

Part of the first pillar of the agreement between Australia, the United Kingdom and the United States – known as AUKUS – is to develop a nuclear submarine capability for the Royal Australian Navy and deploy up to five U.S. and U.K. Royal Navy nuclear attack submarines to

Western Australia as early as 2027, with RAN submariners joining the U.S. crews as soon as this year.

Last year marked the first Australian sailor to graduate from U.S. nuclear power school, USNI News reported at the time. Those sailors are set to serve on U.S. Virginia-class submarines in Hawaii.

Under the AUKUS plan, Australia should field its first nuclear submarine by the 2030s and the first Australian-built boats by the 2040s.

<https://news.usni.org/2024/02/05/australian-sailors-to-embed-on-u-s-navy-submarine-tender-in-guam>

### **Navy Sailors Conduct SSN Training In Guam** (AUSTRALIAN DEFENCE MAGAZINE 08 FEB 24)

A group of 37 Royal Australian Navy officers and sailors have departed for Guam to embed on board USS Emory S. Land, the United States submarine tender.

In December last year, Australia, the United States and United Kingdom announced that Australian sailors would commence duty in Guam from early 2024 as part of preparations for the commencement of Submarine Rotational-Force West where, from as early as 2027, one UK Astute-class submarine and up to four US Virginia-class submarines will have a rotational presence at HMAS Stirling in Western Australia.

“The skills, knowledge and experience gained in Guam alongside our United States Navy partners will afford our people the opportunity to undertake some of the most complex maintenance on a United States SSN,” said Vice Admiral Mark Hammond, Chief of Navy.

“This is an exciting step forward in developing our workforce skillsets so that the Royal Australian Navy is ready to support, maintain and operate Australia’s future nuclear-powered submarine capability.”

The Navy personnel will spend up to five months on board USS Emory S. Land, integrating with US sailors and learning how the US conducts nuclear-powered submarine (SSN) maintenance.

It will also enable the Royal Australian Navy to support the first planned maintenance activity of a US SSN during a visit to HMAS Stirling in the second half of this year.

“The opportunity for our Navy personnel to learn from our AUKUS partners demonstrates meaningful progress along Australia’s pathway to acquiring nuclear-powered submarines,” said Richard Marles, Deputy Prime Minister.

“The maintenance of a United States nuclear-powered submarine at HMAS Stirling in the second half of the year will be an important milestone in the development of skills within Australia’s submarine and industry workforces.”

<https://www.australiandefence.com.au/news/news/navy-sailors-conduct-ssn-training-in-guam>

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**Navy’s New \$3.4 Billion Dry Dock In Hawaii Is Most Expensive Project In Service’s History** (STARS AND STRIPES 17 FEB 24) ... Wyatt Olson

JOINT BASE PEARL HARBOR-HICKAM, Hawaii — The Navy has begun the most expensive building project in its history with construction of a \$3.4 billion submarine-repair dry dock in Pearl Harbor, Hawaii.

The initial work of installing foundational piles into the harbor waters began this month, with project completion expected by early 2028.

The new dry dock will replace the smallest of the four at the Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility at Joint Base Pearl Harbor-Hickam.

The current dry dock is too small to handle the Navy’s Virginia-class attack submarines, the service’s nuclear-powered subs that are replacing the slightly smaller Los Angeles-class vessels.

The Pearl Harbor project eclipses the \$1.7 billion dry dock complex now being built at Portsmouth Naval Shipyard in Kittery, Maine.

All four of the Navy’s public shipyards, which also include Norfolk Naval Shipyard in Virginia and Puget Sound Naval Shipyard and Intermediate Maintenance Facility in Washington, are in dire need of upgrading and modernization,

according to a May 2023 report by the Government Accountability Office.

In 2018, the Navy undertook a \$21 billion infrastructure plan to upgrade dry docks, buildings and equipment at the shipyards, the report states.

### **Complex, costly and rare**

The oldest dry dock at the Pearl Harbor shipyard was built in 1919, Capt. Richard Jones, commander of the shipyard, said during a media roundtable Friday on the joint base.

The youngest dry dock was completed in 1943 during World War II, he said.

“Dry Dock 3 is too small, too shallow, to accept the Virginia-class submarine,” Jones said.

The new dry dock will be almost twice as deep as Dry Dock 3, he said.

The construction of a dry dock is complex, costly and, thus, rare, Capt. Stephen Padhi, who is overseeing construction, said at the roundtable.

Padhi is commander of Officer in Charge of Construction, Pearl Harbor Navy Shipyard, a newly commissioned command by Naval Facilities Engineering Systems Command.

“The amount of just material that goes into these projects alone is staggering,” Padhi said. “We’re talking about 250,000 cubic yards of concrete,” he said. “If that were delivered by truck, we’d be talking about 25,000 trucks.”

The project will require about 63,000 tons of steel.

“That’s enough steel to build eight submarines,” Padhi said.

The length of utilities to be installed for the dry dock could “circumnavigate Oahu,” he said.

The price tag for the project reflects “what it takes to build something of this magnitude in Hawaii,” he said. Building the dry dock on a speck of an island in the Pacific costs roughly twice what it would on the mainland because of the cost and complexity of getting materials to Hawaii, he said.

There are also costs for “a very robust degree of environmental protection and permit compliance, safety requirements.”

### **150-year lifespan**

Roy Morioka, a project manager for a pair of firms contracted for the build, said during the

roundtable that many of the concrete components needed for the dry dock construction are being made on a peninsula just across the harbor from the shipyard.

Temporary trestles are being built on both sides of the harbor to transport material to and from dockside, Morioka said.

The “good news,” Padhi said, is how long a dry dock can last, referring to the 105-year-old dry dock still being used at the shipyard.

“This dry dock has been designed with a 150-year service life target and could beat that,” he said.

Over the next year, workers will be driving steel piles into the water to create what is essentially the footprint of the new dock, Padhi said. Once that is completed, the area inside can be dewatered.

By 2027, all the “critical facilities” are expected to be in place so that shipyard personnel can begin certification and testing to make way for the first submarine in January 2028, he said.

The entire dry dock project is ultimately about giving the shipyard workforce “infrastructure they need to be successful.”

“And their success translates to the fleet’s success and being able to have the critical, crucial, forward presence that our nation needs with the attack submarine force in the Indo-Pacific region,” Padhi said.

<https://www.stripes.com/branches/navy/2024-02-16/navy-new-dry-dock-hawaii-13030318.html>

### **Finally, Sailors Can Put Hands In Their Pockets Under Policy Update**

(NAVY TIMES 14 FEB 24) ... Diana Stancy

The Navy announced a sweeping range of uniform and personal appearance policy updates on Wednesday – including reinstating the female bucket cover and allowing sailors to place their hands in their pockets.

The changes are the largest series of Navy uniform and grooming reforms since December 2022, when the service announced the introduction of a new, lightweight safety boot and

modifications to the maternity service dress blue coat.

The policy update rescinds restrictions barring sailors from placing their hands in their pockets, which the Navy previously claimed is “inappropriate and detracts from a professional military appearance.”

“Sailors are authorized to have hands in their pockets when doing so does not compromise safety nor prohibit the proper rendering of honors and courtesies,” the NAVADMIN said.

The Navy retired the female combination cover, known as the bucket cover, in 2018. But the service is now permitting all sailors to wear the cover with service dress and dinner dress uniforms, according to a new naval administrative message, or NAVADMIN, released Wednesday. Female officers and chief petty officers are also authorized to wear the cover with service khaki and summer white uniforms.

Sailors cannot purchase the bucket cover from Navy Exchange uniform stores, and must instead privately obtain one for wear.

Additionally, the Navy is allowing female sailors to wear the tiara as an optional uniform component when wearing dinner dress blue and white jacket uniforms. Sailors may purchase the tiara from the Navy Exchange online as a special-order item.

The policy also offers modifications to fitness attire, allowing sailors to wear black or navy-blue leggings with the physical training uniform shorts and fitness suit pants.

Likewise, female sailors may now wear t-shirts specifically designed for women, so long as the shirts adhere to the Navy’s color, fabric, and neck configuration standards.

“The intent of this policy update is to address expressed dissatisfaction regarding the required wear of male or unisex t-shirts that are not designed to fit female bodies,” the NAVADMIN said.

Sailors may also wear false eyelashes or eyelash extensions in uniform – provided they are no more than “14 millimeters in length as measured from the eyelid to the tip of the

eyelash.”

“False eyelash color will match the color of the natural eyelash,” the NAVADMIN said. “Eyelash extensions cannot hinder wear of protective eyewear.”

The policy changes take effect immediately.  
<https://www.navytimes.com/news/your-navy/2024/02/14/finally-sailors-can-put-their-hands-in-their-pockets/>

### Outdated much? Phrases tech killed off

How about something fun on a Friday?! Remember this? “You hang up first.” “No, *you* hang up first.” Not quite as romantic when you fumble for the “End call” button on your iPhone, eh? As times change and our tech evolves, so, too, do the phrases we use.

Let’s take a little trip down memory lane. See how many of these you’ve said at least a few times in your life.

**“Roll down the window.”** Cars have had automatic windows for ages, making the manual rolling down of windows a thing of the past. I still say this, though, when I’m in my 1964 Mustang.

**“Check the answering machine.”** Voicemail on cellphones has obliterated the need for a physical answering machine. I think it’s super interesting Apple’s iOS 17 lets you listen while someone leaves a voicemail so you can decide to pick up. New? Hardly.

**“Dial 411.”** My mother designed the 411 directory system for Bell Labs. Now, just look someone up online and you have their digits.

**“Page me.”** Pagers were all the rage once upon a time. Today, it’s just your doctor (and other specific professionals) wearing them.

**“I’ll tape it.”** You no longer “tape” shows with DVR and streaming services. You just hit “Record” on your device or catch it later on demand.

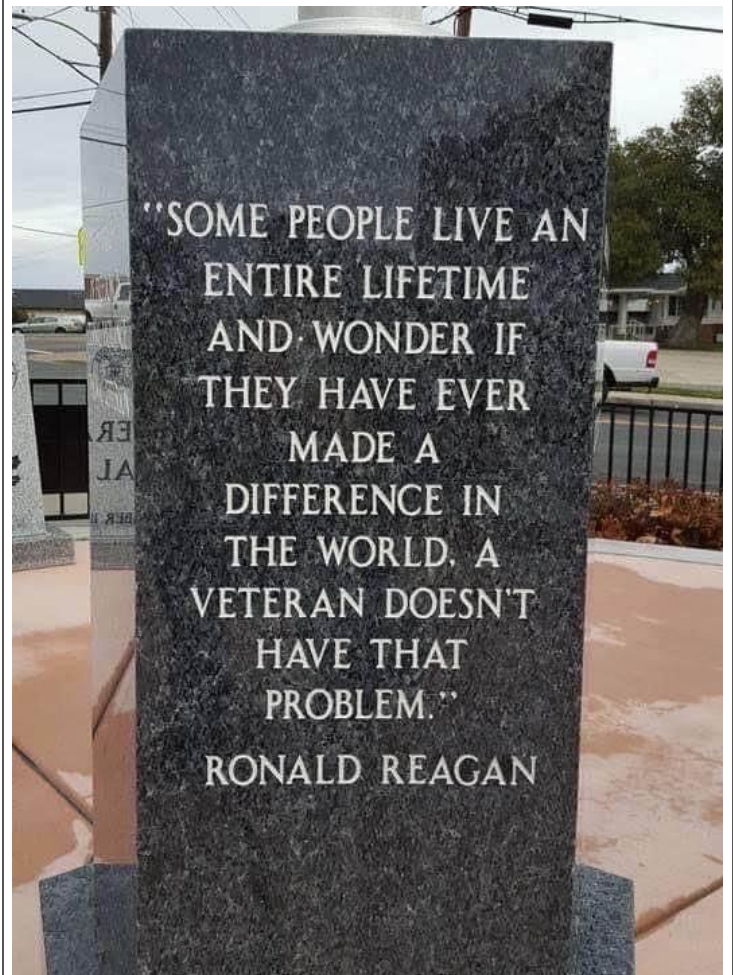
**“Rewind” or “Fast-forward.”** These phrases made perfect sense for cassettes and VHS tapes, and yes, we still use them metaphorically, but you’re not actually *winding* anything.

**“I need to find a pay phone.”** My dad used to make me carry a quarter just in case I needed to make a call. With a cellphone in nearly everyone’s

pocket, pay phones have become an urban relic. **“Get the film developed” or “Don’t waste the film.”** Oh, the good old days of waiting to see a picture you looked horrible in. Hello, smartphones. **“Look it up in the White (or Yellow) Pages.”** Online directories have replaced those hefty books.

**“I’ll fax it to you.”** Fax machines are just about dead. Warren Buffett once told me that’s the only way he’ll do contracts. Why? No one can hack a fax machine, unlike email. Good point, Warren.

I bet there are kids and even 20-somethings in your life who would be totally stumped by these phrases. Think about phrases we use now that’ll someday be a thing of the past. “Google it” and “swipe your card” come to mind.





**SUBMITTED BY PAUL SHINE, EM2 B 83-87.  
PICTURES ARE NUMBERED.**

**MANY THANKS TO ALL THE THOSE WHO  
HELPED IDENTIFY THE SHIPMATES IN  
THESE PICTURES.**



**L to R: Jim Sanderson; David Karst [reading]**



**Middle: XO LCDR Ron Glover**



**EMC Jim Barnes**



**L to R: Floyd Beaty; Marvin A. 'MAC' Clem;  
Paul Shine**



**L to R: Joe Linkchorst; David Karst; Dave Janka**



**L to R: Joe Linkchorst; Mike 'Spike' Davis; Bob  
Busteed; Fred Hudson**



Rear: Left to Right: David Karst; Fred Hudson; Dan Montoya;  
Sean Murphy; Jeff Sankey; John Ochocki; Bob McGill; Paul  
Shine; Jim Barnes



Front: Left to Right: ET1 Mike Henderson; Dave Janka; Mark  
Spinner; Joe Buchinski



Fred Hudson



Dave Janka



L to R: Bob Busteed; Dave Janka



L to R: David Karst; Sean Murphy



L to R: Bob McGill; Dan Montoya

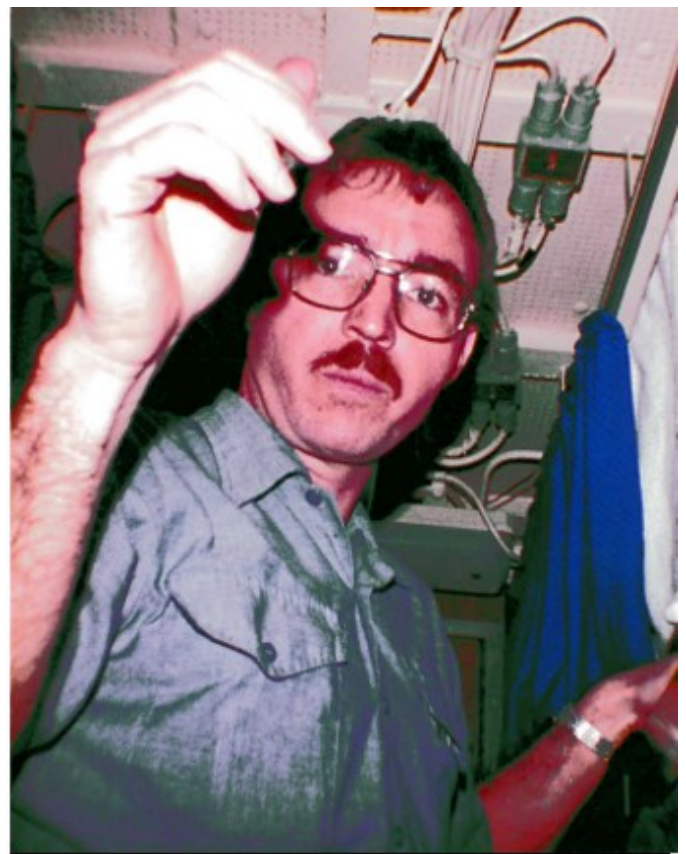




**L to R: Toby Schroeder; Jasper Webber**



**L to R: Dave Janka; Sean Murphy**



**Fred Hudson**



**L to R: Don Montoya; Sean Murphy**





L to R: Toby Schroeder; UNK; David Karst; Joe Buchinski



UNDERWAY ON NUCLAR POWER

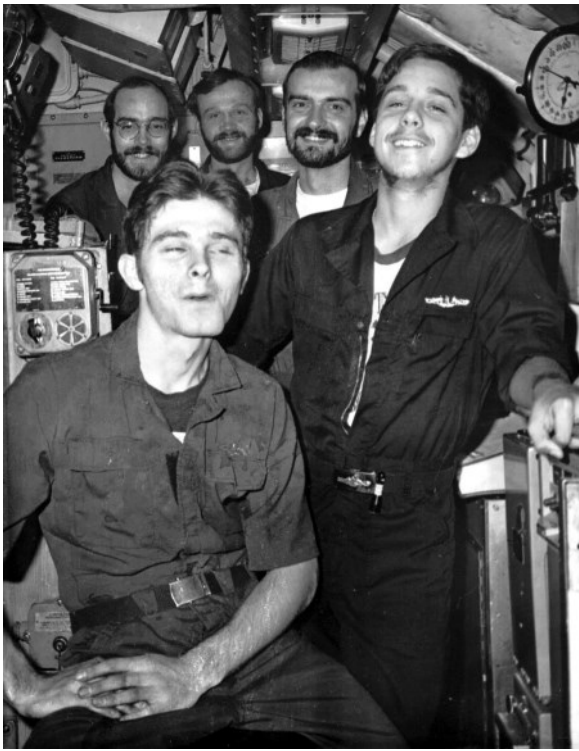


UNDERWAY TO  
KINGS BAY



UNDERWAY TO KINGS BAY





**1 QM DIV** - Standing L to R: Bob \_\_\_\_ ; Gary Strock; Bob Brand; Billy Lambert  
Seated- John Lee



**2 Topside** -



**3 Topside** - L to R: Steve Cason; Mike Toth; Jak Saks; ? ; ?



**4 Underway** - Left to Right: Rocky Rochette; ? ; Glen McGarland



**5 Topside** -



**6 IC Blue 78** - L to R- Brian Leonard; Henry Tardiff; Glenn Emerick; Rocky Rochette; Harry 'Dog' \_\_\_\_



**7 AGang 81**



**8 Haircut**



**9 Onwatch**



**10 Okie**



**11 queen**



**12 Gold 69#1**





**13 Gold 69#2 -**



**14 Gold 69#3 -**



**15 Gold 69#4 -**



**16 Original SuperCleaner - Jim Kelly**



**17 Richard\_sk -**



**18 Section 3 - Left to Right: Tom Vaughan; Glenn Emerick; Mike Schumer; Dennis Bak**

Six boats were reported lost during the month of March: USS Perch (SS-176), USS Grampus (SS-207), USS Triton (SS-201), USS Tullibee (SS-284), USS Kete (SS-369), and the USS Trigger (SS-237).

## USS Perch (SS-176)



Albert K. Newsome, MMC  
died in a Japanese Prisoner of War Camp.

The **PERCH** [SS176] was a Porpoise-class, the **TRITON** and **GRAMPUS** were Tambor-class, the **TULIBEE** and **TRIGGER** were Gato-class, and the **KETE** a Balao-class.

In October, 1939, the **PERCH**, along with the six other P-class subs in COMSUBDIV 14 at San Diego and Pearl, were ordered to join five S-class boats as the newly formed COMSUBRON 5 in Manila.

(A note of interesting – Both ADM Hart, and GEN McArthur forced all dependents to leave the Philippines in spring of 1940 in anticipation of a Japanese attack.)

In Feb42, **PERCH** patrolled in the Java Sea along with every available submarine. In her first attack she experienced premature torpedoes, one of the very common problems at that time. Indicative of the multiple problems with torpedoes in early

1942, the more than 20 submarines patrolling in the Java Sea. which was dense with Japanese warships, were unable to sink a single warship.

During an approach on two destroyers, on 01Mar42, the **PERCH** was spotted and depth-charged resulting in the loss of two engines, both periscopes, and dimpling of the hull. When she attempted to surface early on 02Mar, two destroyers immediately spotted her and made multiple depth-charge passes. She dove and remained on the bottom until dusk when she surfaced and moved slowly out of the area on her one remaining engine, which was vibrating severely. When she tried to dive before dawn on 03Mar, she lost depth control and the diving officer blew all ballast tanks. This resulted in her bow being exposed with the aft end of the ship remaining submerged. When five Japanese warships rapidly approached and started firing shells, the ship was abandoned and scuttled. The crew spent the remainder of the war as POWs working in mines on Honshu. Fifty-three of the sixty-two crew members survived the war. Coincidentally, the **PERCH** was found in 2006, by a group of divers while they were searching for a British cruiser that also sank during WWII.

Although the **TRITON** [SS201] was stationed at Pearl before the war, she was fortunately on patrol on 07Dec41. The **TRITON** is credited with being the first submarine to shoot torpedoes at a Japanese vessel in WWII when she shot 4 torpedoes at a Japanese destroyer off of Wake Island on 10Dec41. **TRITON** was credited with a commendable sinking of 5 ships and 15,800 tons during her first patrol. She sank 2 freighters during her second war patrol off of Nagasaki. The **TRITON** was one of the boats sent to Alaska in 1942 and was credited with sinking a Japanese destroyer on the fourth of July, 1942. She left Brisbane on 16Feb43 enroute to the Buka Island area. On 11Mar, she reported proceeding towards a convey with escorts. She and other boats in the area were warned, on 13Mar, of a 3-destroyer submarine hunting pack. Post-war records indicate that pack of destroyers probably sank her on 15Mar.

## USS Triton (SS-201)



William E. Ballau, EMC



William F. Booth, FCC



Edward J. Barton, TM



Donovan G. Hall, MoMMC



Donald E. Holquist, MoMMC



Marsh Jones, CQM



## USS Grampus (SS-207)



Walter K.W. Bathgate, TMC



Williard Moeller, EMC



Charles W. Patrick, MoMMC



Louise E. Presley, GMC

The **GRAMPUS [SS207]** sank one 8,600-ton freighter during her first two patrols out of Pearl and sank nothing during her third patrol out of Fremantle. She had similar results during her fourth, fifth, and sixth patrols out of Brisbane. On her sixth patrol, there were no further communications from her after she left her Brisbane-area target exercise on 12Feb43 and she was reported lost on 22Mar43.

On her maiden patrol, **TRIGGER [SS237]** was one of several subs that participated in the Battle of Midway in June, 1942. Unfortunately, it wasn't a very auspicious beginning. Edward Beach, the surface OOD, when given a course change that would take them directly towards land, requested the CO to the CONN. The CO, wearing the newly issued red goggles for protecting night vision, apparently had not seen the reefs marked on the chart in red and ordered Beach to proceed on the ordered heading. This resulted in **TRIGGER** running aground on a reef. With the assistance of a tug from Midway and dumping most of her fuel, she eventually broke free of the reef. Although there was a "gaping hole" in one of the ballast tanks, she continued her patrol. After an extensive refit, she was sent to the Alaskan waters where she made no attacks, despite reporting seeing six destroyers and three freighters. The CO, LCDR Jack Lewis, was subsequently relieved and replaced by LCDR Roy Benson (who, ironically was born in 1906 on December 7th.) An antidote of his aggressive, defiant behavior was the ship playing Christmas carols on the deck speakers off of Tokyo Bay on 25Dec42. During a total of 12 patrols, **TRIGGER** was credited with sinking 31 ships and more than 117,400-tons, including the destroyer *Okikase*. Post-war records indicated a Japanese aircraft bombed and sank her on 28Mar45, while she was stationed between Okinawa and Japan.

## USS Trigger (SS-237)



Harold L. Fiste, EMC



Robert H. Melton, MoMMC



John R. Weeks, TMC

## USS Tullibee (SS-284)



Powell T. Saterfield, ENS



Thomas M. Delaney, GMC



Wilmot B. Joder, MoMMC



Walter L. Schoenrock, SSC



George O. Ticknor, EMC

The **TULLIBEE [SS-284]** was credited with a total of 3-ships and 10,400-tons sunk during her first three war patrols. She was sunk on her fourth patrol, by her own torpedo, on 26Mar44 north of Palau. There was a single survivor, 20-year-old GM2 Clifford W. Kuykendall, who was blown off the bridge. He was rescued by the Japanese and remained a POW until the end of the war. Post-war, Clifford returned to Texas where he lived until his death in 2016 at the age of 92. His story is detailed at [KUYKENDALL-CLIFFORD | The United States Navy Memorial](#).

## USS Kete (SS-369)

The **KETE [SS369]** was one the 28 submarines built by the Manitowoc Shipbuilding Company in Wisconsin. The sub was placed on a dry dock and was towed from Lake Michigan up the Chicago River, down the Chicago Sanitary and Ship Canal to the Illinois River and then to the Mississippi River. After leaving the dry dock in New Orleans, she began her maiden voyage on 05Sep44, passed through the Panama Canal and eventually arrived in Pearl Harbor on 15Oct, and began her first war patrol on 31Oct. She departed Guam on 01Mar45 for her second patrol and reported sinking 3 small freighters on 10Mar. After transmitting a weather report on 20Mar, the **KETE** was never heard from again.



Francis W. Braniger



Ben Friesen



Hugh French



James R. Holshouser



Helmut O. Deitrich



Oliver H. Simpson



Joseph A. O'Brien



Frank Martini



French L. Thomas, Jr.



James S. Waggoner



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## **FIRST STRIKE CAPABILITY! PART TWO**

Jerez is a beautiful city. We enjoyed just walking and looking. That afternoon we saw a bull fight in the big arena. It was exciting to watch. The sailors were cheering for the Bull. Every once in a while, this dude behind us would stand up and say, "Musica." This was the signal for the brass band behind us to begin to play some of that beautiful bull fighter music.

During our short underway before patrol, we were followed by the trawler at a safe distance. This time Capt Bob had the bridge take bearings and ranges. That evening he gave me the task of plotting the course of the trawler. I thought it was stupid and knew why he was doing it but I followed orders. Our medical officer, a full-fledged Doctor, liked Navy stuff and wanted to help so I let him. There I was, George Gold supervising a Doctor.

The Stimson steamed out for the first Gold Crew Deterrent Patrol. For the first part of patrol the boat ran like a well-oiled machine.

LT Bob Kohankiee, a non-Nuke, was the Plank Owner Supply Officer. He was a veteran Submarine Officer. Submariners not only get Sub Pay for but they also get more and better food. This improves moral since being locked up in a large pipe underwater for long periods of time is not always fun and games. Bob dealt out goodies to the crew so they could munch on stuff like cookies and nuts without going to the galley. One good thing about submarines is that you can go make yourself a sandwich anytime day or night.

Sometime around the middle of patrol it was discovered that the cost of provisions was trending towards a \$1,000 over run by the time we got back to Rota. Capt Bob already had 2 strikes against him and this was just one more thing. He decided to have a commissary investigation and put the Engineer in charge. All the goodies were collected and locked up in stores. LT Denny Joyce almost went ballistic when they took his Tang away. It was The Caine Mutiny and who stole the strawberries all over again. This investigation consumed most of the last half of the patrol and the engineers time as well.

If you are Career Navy you do as you are told and do it well. One bad fitness report can ruin your chances of promotion. This is how it has to be to run the Navy properly. It is a time-honored tradition that The Captain passes out all the good news and the XO carries out all of his chicken shit orders. Which leads to the next situation which disrupts the boat from running like a finely oiled machine.

The Personal Office of the Navy put out the word that the fitness reports of all Enlisted Men must fit a bell-shaped curve. Submariners are far superior to the average enlisted man in the Navy. Capt Bob was in trouble and thought if he went by the book, he could salvage his career. The officers filled out fitness reports on their men and submitted them to the XO. They were given back with the instructions to mark the men lower to fit this bell-shaped curve. There were negative discussions among the officers. We had mostly 4.0 Sailors and a bad fitness report would hurt their chances for promotion. Captain Bob had lost the respect of the entire crew.

LTJG Gutierrez was given a scram and snorkel to see how he could handle the power plant under emergency conditions. His performance was adequate but he did not show the confidence required for an EOOW in an emergency situation. Clean Air Cleats was my mentor and he told me that I would be getting a lot more drills. This never happened. As we continued to make circles in the Norwegian Sea, moral continued to deteriorate. The ice cream machine was shut down to save supplies and try

to make up that \$1,000 shortfall. My EOOW qualification was going nowhere and I was pissed. I was signed off on all the equipment but the Engineer didn't have time to work with me. The enlisted men in my watch section and I spent time in the After Auxiliary Compartment discussing the situation. The men knew what was going on and liked it better when Capt Bob ran the boat fast and loose. They told me things like, "These guys are fucking you. On other boats, the officers would be helping you get qualified as EOOW." Clean air Cleats was busy studying for the Engineers Exam. At one time I was defending my fellow officers and I was told, "If you're going to take up for those guys we're going to stop talking to you." We were out of ear shot of my mentor but he knew what was going on. I'm sure that Capt Bob asked Cleats what was going on between me and the guys in my watch section.

After a month's leave in Europe, I came back to New London to find out that I was being transferred. I sat in limbo at ComSubFlot 2 for a while. Capt Anders, the Chief of Staff, wanted to put me on another Boomer but he was overruled. The Surface Desk in the Navy Department detailed me to the Shangri-La, a carrier in the Med, as the MPA. The Submarine desk called and said, "Don't send him anywhere until you hear from us."

As it happened, I was sent down to Charleston, South Carolina and told to report to the Hunley. Timing is everything. They were preparing to deploy to Guam and did not have a Line Officer to be the Navigator. It's management's responsibility to find out what a person is good at and put him there. The Submarine Desk in the Navy Department hit the nail on the head. Navigation was the only Naval Science course I made an A in. All the rest were C's. I had technical courses to study for and didn't have time to study Naval Science. At the time Guam seemed like the end of the earth. As it happened, I really enjoyed the round trip using nothing but Celestial Navigation and was able to visit the places in the Pacific where we won the war.

We were going to Guam to relieve the Proteus of her duties servicing submarines. It was thought that she couldn't make it back to Bremerton, Washington for overhaul so she tied up at another pier in Apra Harbor and overhauled herself.

Fast forward to the Fall of 1968.

The Henry L Stimson was getting ready to depart from alongside the Hunley to go on patrol. The mail run was late getting back to the boat. By the time she casted off lines the tide was going out. Together with the current of the Cooper River it was not the ideal time to be getting underway. She backed down from the tender to alongside the dry dock where the boats normally have room to turn around and head down the river. With the strong current Captain Bob was not able to make this happen. It's embarrassing to have to use a tug to turn the boat but even with two tugs it took an agonizing long time to turn. The bridge of the Hunley had the Captain of the Hunley [The same Captain Anders] and the Squadron Commander among others watching. Finally, when Capt Bob got the boat headed down the river there was a sigh of relief. In less than a thousand yards he put the nose in the mud on the exact same spot where Capt Anders' barge had run aground earlier in the year. The back end of the boat kept going down stream with the current until she was going down river backwards in front of God and everyone.

Now, the Hunley had a periscope mounted on the bridge. It was real handy getting bearings while piloting. With radar ranges and periscope bearings by LT Gutierrez, the boat's exact position was plotted on the chart. Capt Bob was able to turn the boat around in the turning basin and head down the river in proper fashion. A messenger came down to get the chart for the Commodore.

There were messages exchanged that went like this:

Stimson: the bow touched bottom momentarily. Turned around in the turning basin. No apparent damage. Request permission to proceed on patrol.

Squadron Commander: Proceed as requested. Submit a full report upon return.

STRIKE THREE!

#### Disclaimer

This story was not prepared for publication. It was a trip down memory lane for me. I enjoyed putting it down on paper.



#### **Author James Gutierrez, LT USN**

Author's Bio: The Navy paid my way through the University of New Mexico on the condition I accept a Commission. In 1964 I became a U.S. Navy Ensign. I wanted to fly so the Navy paid my way to get a Private Pilot's License my senior year under the FIP program. That spring I was sent to interview with Admiral Rickover. I was redirected from flying in the air to cruising under the waves. After the Submarine Service I worked as Mechanical Engineer in petrochemicals, refineries, and was involved in the build at River Bend Nuclear Power Station in Saint Francisville, Louisiana.

## FamousKin.com - Fantastic Program to Help You Find Interesting Ancestors Don Ort - Gold/SY1/Blue 69-74 and Tom Krauser - Blue 72-74

A program we recently discovered to help us find interesting ancestors or “famous kin” is FamousKin.com:

<https://famouskin.com/>

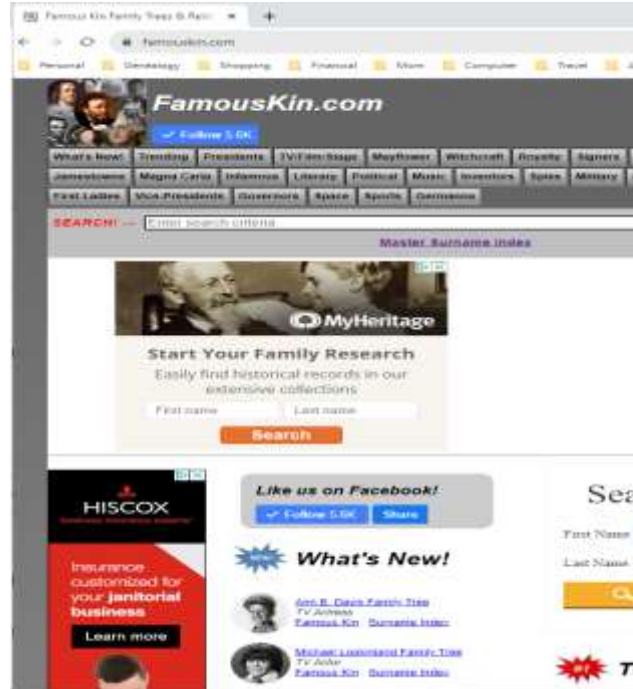


Figure 1: Initial Screen of FamousKin.com

This program has a massive (and growing) index of famous or notable people and can easily help you connect to many different ancestors who were “famous” or “notable.” The people in the program all seem to have “sources” supplied so appear to be fairly reliable.

If you know of anyone in your tree who you feel is notable or famous, you can start by typing their name in the “Enter search criteria” window. The higher you start in your tree, the more successful your search may be. If you can start with a “Direct Ancestor,” then “everyone” the program shows as “Famous Kin” will be related to you through that ancestor and you can start building your tree out from that Profile.

If you do not know of any notable or famous ancestors, you can type “any name from your tree” in the “Enter search criteria” window and it will show any names that match up to the search parameter, if that name is anywhere in the “family tree path” of a person in the database.

**NOTE: We are using Edward Gilman (Tom’s 10 great grand-uncle) in this example but it could be any ancestor from your tree. The steps will all be the same.**

For example, if you type “Edward Gilman” in the “Enter search criteria” window, you get a pop-up screen showing several records from FamousKin that “Edward Gilman” shows up in a “family tree path.”

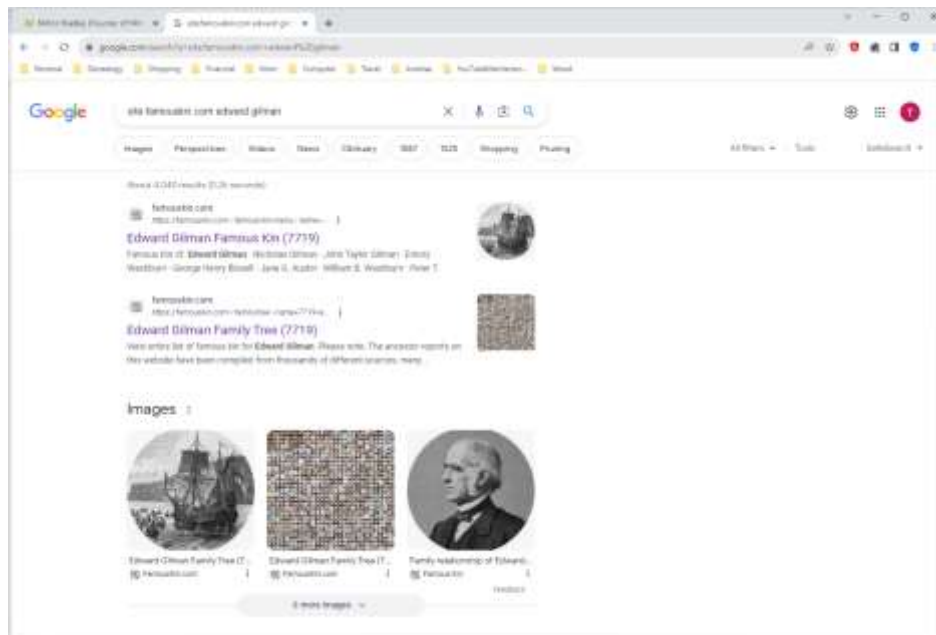


Figure 2: Example of Searching for a Person in FamousKin.com

The choice of “Edward Gilman Family Tree (7719)” gives the following screen. This Edward Gilman (1587-1653) is Tom’s 10<sup>th</sup> great grand-uncle (so pretty far up my tree).

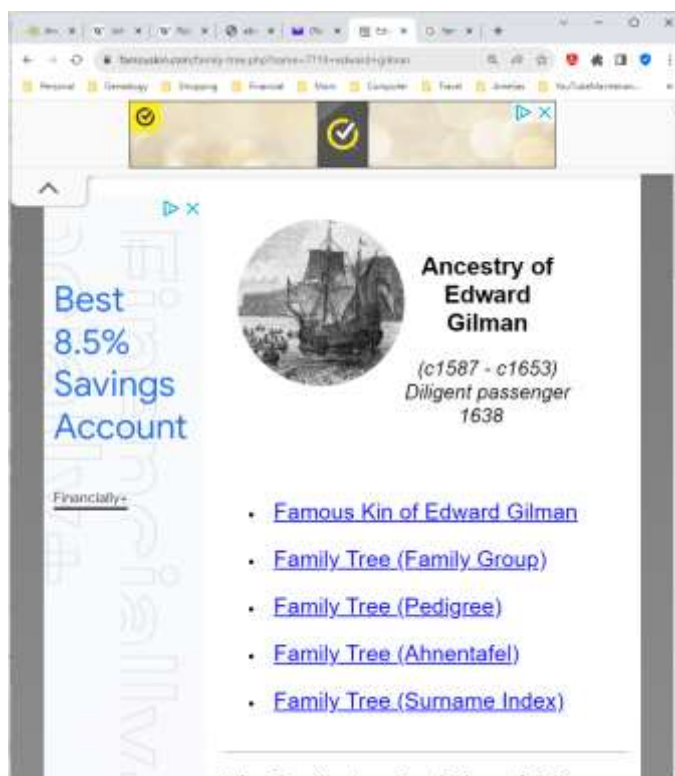


Figure 3: Example of Selecting Person From List Displayed by Search in FamousKin.com

**Different options you can select from home screen**

You will find it useful to copy this web address link (or the link you find) into Edward Gilman's Profile in Ancestry:

<https://famouskin.com/family-tree.php?name=7719+edward+gilman>

Then in Edward Gilman's Profile, if you select "Add web link" and paste the copied link in as the "Web address." In "Link name" you type "Ancestry of Edward Gilman (1587-1653)" so you can click on it anytime to get back to this "main" screen.

### Selecting "Famous Kin of Edward Gilman" Option

If you select this option, you will be presented with a list of "famous kin" from the database that is "connected" to Edward Gilman. You can scroll down this list to see all the people identified as "famous kin" of Edward Gilman, what they are notable for, and their relationship to him.

If you scroll down, you may see many names you know such as: Tennessee Williams, Milton Bradley, Robert Frost, Abraham Lincoln, Pete Seeger, Burl Ives, Gerald Ford, John Hancock, T.S. Eliot, Henry and Jane Fonda, Amelia Earhart, the Wright Brothers, Cecile B DeMille, Barbara Pierce-Bush, George W. Bush, Richard Chamberlain, and many more names you may recognize. There is a whole assortment of people including politicians, authors, inventors, actors, etc. It may also go upwards to kings, queens, immigrants to America, etc.

For this example, we will use "Nicholas Gilman," a signer of the U.S. Constitution, and Edward Gilman's 3<sup>rd</sup> great-grandson.

**NOTE:** You should also add this FamousKin link to the Profile of Edward Gilman (or your person) so you can open it at any time to see the famous kin of Edward Gilman by clicking on the web link. You should do this for each person you would like to see the FamousKin of in your tree.

You can copy the link:

<https://famouskin.com/famous-kin-menu.php?name=7719+edward+gilman>

and paste it into his Profile as a "Web address" then in "Link name" I add "Famous Kin of Edward Gilman (1587-1653)". This allows anyone to click this link anytime to see all the famous kin of Edward Gilman.

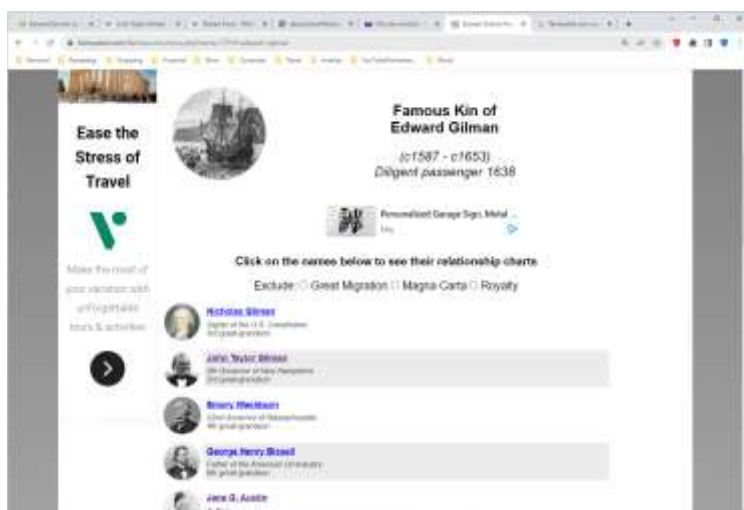


Figure 4: Example of Famous Kin of Person Selected in FamousKin.com

If you click on Nicholas Gilman, you will get the following screen showing the "family tree path" from Edward Gilman to Nicholas Gilman with each generation showing the spouses and how they connect.



Using this you can “walk” down (or up) the tree adding each generation to your tree until you get to Nicholas Gilman or the final person you selected.

If you click on any of the people down the list, you will see details about that person showing when

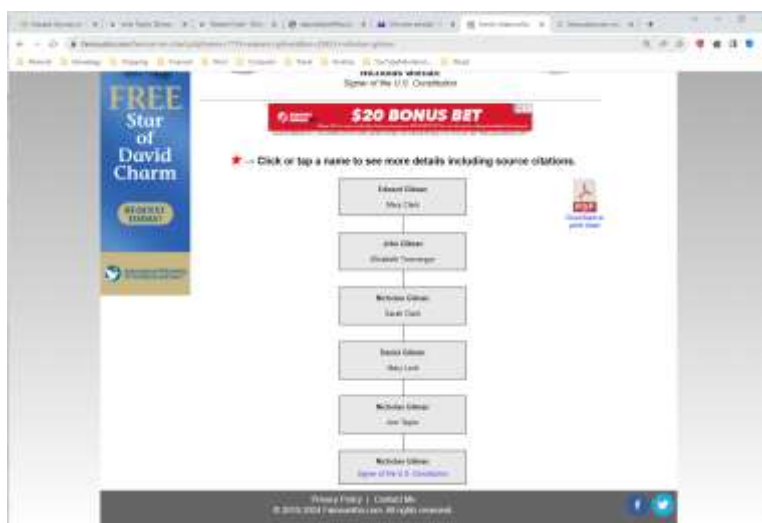


Figure 5: Example of Family Path between Two People Selected in FamousKin.com

and where they were born, died, married, parents, children, sources and more. So, clicking on “John Gilman” shows the following screen. You can add this person and their spouse to your tree and fill in the information you want to add.

A screenshot of the FamousKin.com website showing the details for a person in a family path. The person is John Gilman. The details are displayed in a form with various fields. The fields include: Name: John Gilman, View FamousKin of John Gilman, and a list of sources for John Gilman. The sources are listed at the bottom of the page. The form also includes fields for birth date, death date, birth location, death location, burial location, and spouse. The spouse is listed as Elizabeth Tweworgye. The form is titled 'John Gilman' and 'View FamousKin of John Gilman'. The form is part of a family path between two people.

Figure 6: Example of Details for Person in Family Path in FamousKin.com

If you click on the Spouse (Elizabeth Tweworgye), you can fill in her information. The spouse that is part of the path is shown. If there was more than one spouse, the other spouses may be at the bottom of the screen. There are also sources at the bottom you can refer to or add to your tree if desired.

The child next down the list (Nicholas Gilman (Ahnentafel No. 8)) is shown in blue so you can click on the link to move down the tree to the next generation.

In this screen, several other siblings may also be shown (who may be part of other paths you discover later to other famous kin). You will find it helpful to go ahead and add these siblings to your tree for this parent, but since you do not know information about them you can look at the marriage date, if given, and for Elizabeth Gilman, you can assume a birth date of Abt. 1658 (about 1 year after marriage date) to put in her Profile.

Some genealogical sources recommend assuming about two (2) years between siblings after the birth of the first child. Thus, assuming they are listed in the order of their births, for Sarah you can assume Abt. 1660, Lydia assumes Abt. 1662. For Nicholas Gilman you can see his info when you click on him that his birth date is given as 26 Dec 1672. So, assuming he is younger than John Gilman, you can assume Abt. 1674 (two years later) for his birth date.

**NOTE:** Tom contacted the creator of FamousKin.com and made the suggestion of adding information for the other “siblings” and he wrote back and thanked him for the suggestion and said he may add it to the program in a future revision.

Later, you may be able to determine actual information for the missing sibling information. These children may show up in other paths you select and their information would be available then. You may also be able to look up information, if desired at this time, from another source such as WikiTree or WikiPedia or FamilySearch.

Another way to find information about the other sibling's birth/death dates would be to use Hints or look at another tree for the parent and see if the missing dates are available in someone's tree and how closely they match your assumed dates. You could then add those dates to your tree manually or save the other tree record to that person in your tree.

When you get down to the final connection and add that record you should use Tree Tags to flag this person. Use the **IntAncestorPaternal** or **IntAncestorMaternal** to show which side they belong to. You can use other Tree Tags that may apply such **Founding\_Fathers** and **Politician** to help in Tree Searches later. In the **Suffix** field you could add (**Continental Congress from NH, Signer of the US Constitution**) to show why they are famous or notable. The Suffix field shows up on Profiles and is easy to see. On this Profile you should also add links from **WikiPedia** or **WikiTree** or any other sources and add as much information as possible. Usually for these famous kin there is usually a picture you can use as the Profile picture and add other pictures in the Gallery.

You could also click on “View famous kin of Nicholas Gilman” to see all the Famous Kin Nicholas is related to. One of these should be “Edward Gilman” but there will be many more since from Nicholas you are going “up and down” and up many different possible paths of different “spouses” who were not included coming down the tree. Again, you can copy this Famous Kin web link and copy into his Profile so it can be looked at any time by just clicking on it. Looking at the Famous Kin of Nicholas you may see paths to other ancestors already in your tree and, if desired, you can make those connections.

After you have added this person to your tree you may want to also add them to your word processing document of Interesting Ancestors.

You can repeat this process for as many Famous Kin starting with “Edward Gilman” as you desire. We found that this may help show connections to other ancestors that we may not be aware of.

### Selecting “Gilman Family Tree (Family Group)” Option

The next option in the program gives an information screen for Edward Gilman similar to what was shown when looking at the detail screens above but no links to move to other generations.

### Selecting “Edward Gilman Family Tree (Pedigree)” Option

This option shows a **horizontal tree** where you can click on each person to see details about that person. You can go up the tree for as many records as in the database looking at the details for each person.

### Selecting “Edward Gilman Family Tree (Ahnentafel)” Option

This option shows a “Generation” going “up” listing for as many generations up the tree that are in the database. In this case, for Edward, it only goes up three generations, but for Nicholas, it went up fifteen (15) generations showing all the direct ancestors the database knows about. The reason for this is that for “Nicholas” there are many paths to different grandparents and great grandparents that were available for Edward because it also goes up the different “spouse” lines to their FamousKin.

Looking at the grandparents in each generation you may see other people in your tree that may be familiar. Notice that “**32. Edward Gilman**” and “**33. Mary Clark**” show up in the **6<sup>th</sup> generation** for Nicholas. Also, note that “Gilman” name is not in the 9<sup>th</sup> generation since the database has no information on the “Gilman line” for that generation or above.

### Selecting “Edward Gilman Family Tree (Surname Index)” Option

This option shows all the Surnames for all generations above this person. You can use this option if you are just trying to determine if a Surname exists in the tree above the person selected. Then you could go back to one of the options above to determine the family path to that surname to add them to your tree.

## Submitted by Ed Chase, MT2(SS) B 69/SY1/74

In his email to the Editor, Ed wrote:

In the current issue [*February 2024*] I read that you've posted info about authors having written books and such and were asking for submissions about such things. I spent seven years writing my magnum opus entitled ***Reverse Engineering the Great Pyramid -Cracking the Conundrum*** ©2022 available on Amazon and Barnes and Noble. I became interested in the subject in college after leaving the Navy and made a momentous discovery then that led me to unravel the real utility and function of perhaps the world's greatest structure, and it wasn't Pharaoh Khufu's tomb. It was built by Atlanteans before the Great Flood for three remarkable purposes and I do believe I have successfully revealed them in my book. It took my background from A and C school at Dam Neck to give me the understanding necessary for that multi-decade research undertaking.

Below is the short abstract. Feel free to use any or all or none of it as you wish. It's wonderful to share this with anyone who has had the fantastic education afforded to us at Dam Neck, as it became priceless in my quest to uncover the world's greatest mystery.

"In his book, *Reverse Engineering the Great Pyramid*, Edgar Chase provides a very different perspective for the Great Pyramid of Giza, not as a pharaoh's tomb as commonly believed, but as a highly advanced electromagnetic device built by a culture existing eight thousand years before the Egyptians. Moreover, he backs it all up with the requisite science and mathematics amply describing their very unusual electro-acoustic technologies.

This extremely ancient, advanced civilization, by using natural sciences such as piezoelectricity and resonant sound converted into electromagnetic energy, had managed to overcome the single most pressing problem of all great civilizations, that of abundant free energy. They had solved the great Promethean problem of bringing down fire from the sky to be tapped for humankind's needs of perpetual worldwide energy, without the use of wires, fossil fuels, or nuclear power, and all of it environmentally safe.

Chase provides extensive scientific evidence how this pyramid became the means to reinstate their worldwide culture following the catastrophic Great Flood of 9,500 BCE. Now you can finally discover how and why the Great Pyramid was the most advanced, complex, and precisely engineered device ever built."

**\*\*\*Review: “Dr. Chase has written a very compelling and the most well-defined explanation of the construction and purpose of the Great Pyramid! He has uncovered a great truth!”**

**-Jan H., B.Sc., Chemistry, Physics, MBA.**

**Available on Amazon and Barnes & Noble Press**

