





HAPPY BIRTHDAY TO OUR SUBMARINE FORCE

APRIL 2021

USS HENRY L. STIMSON ASSOCIATION SSBN655 NEWSLETTER

Association Officers & Board of Directors 2018 - 2021

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Larry [Linda] Knutson	Nick [Linda] Nichols	Jake Morris	Jim [Suzie] Weaver

REUNION CONTROL CENTER
2021 Stimson Reunion
October 13-17, 2021
Hotel: Holiday Inn
1717 Airport Exchange Blvd.
Erlanger, KY 41018

From the Reunion Chairman - Dick Young, SN (SS) G 70-71, USSVI Cincinnati Base, Assoc.



Life Member:

Shipmates, as we move on toward the October Reunion I request you consider making your arrangements for attending as early as possible. That would greatly help in the logistics portion of the reunion, mainly

getting the proper amount of busses lined up for our local activities and to be sure we have enough rooms at the hotel blocked off.

The area is bouncing back nicely from the medical problems of the past year. A reminder, if you are RV'ing the hotel provides free parking spaces and if you are flying there is free transportation from the airport.

There is a restaurant on the premises with

reasonable prices and the hotel also provides a shuttle to the local restaurants in a 5 mile radius.

If anyone would like to donate items for our raffle they will greatly be appreciated.

Thank You for your early registrations, October will be here in the blink of an eye.

Please feel free to contact me if you have any questions using my Reunion email address. // Regards, Dick

stimson655reunion2020@aol.com

From the Association President -Tom Krauser, MM1(SS) B 72-74: Assoc. Life Member



Marie and I got our second vaccine shot on March 15 so hopefully by now we should be protected and able to freely go to the reunion in October. Marie felt out of sorts on the second day but normal the following day. I felt fine with no side effects.

Another of my brothers got Covid in March but had mild symptoms. He got it from his girlfriend who got it from her sister. His girlfriend's father got Covid and died in March so it can affect each person differently so please get your shots.

Hopefully everyone will get a vaccine when eligible and by summer things may start getting to be more normal and by October we should be able to safely have our reunion.

Please protect yourself and others by wearing your masks and practicing social distancing. Where we live the cases have been decreasing lately and we hope they keep going that way. Remember that not covering your nose with the mask is the same as not wearing it.

The reunion has been rescheduled for October 13-17 of 2021 hoping that the situation by then will have improved to make the reunion safe and enjoyable for everyone.

Look for Dick's discussion about the 2021 reunion in the newsletter.

Please think about where the 2023 reunion could be and if you would like to explore the possibility of chairing it.

If you have any questions or concerns for the board, please feel free to contact us so we can address them

From the Association Historian/Memorabilia Custodian - Larry Knutson, MMCS(SS) B 79-81 **USSVI-Charleston Base:**



I continue to check but there there is still no news about our missing memorabilia stolen from the storage area. Keep an eye out on the social media sites and if you see any Stimson artifacts up for sale contact me.

We still have the box of Gold Crew check-in cards that were from the time of Bob Weeks CO tour. If you were on the Gold Crew during any time when Bob Weeks was the CO you completed a check-in card for him. The box of cards is now held by our base secretary. If you would like a

copy of your card sent to you please contact our Secretary at 655webmaster@ssbn655.org.

From The Editor

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Welcome to April shipmates.

I think it's appropriate if I piggy back off what the Reunion Chairman and Association President have said

We are quickly approaching the 7 month prereunion time frame and the 2021 Reunion will be here before we know it. If you have not sent in your registration and made your hotel reservation April is the month to do so. Presently there are only 56 registered to attend the reunion. You can check who's coming on our Reunion page or on the Registered Sailing List page.

I know many still have concerns about COVID and precautions. We're all hoping that everyone attending the reunion will have had their vaccines by the time it rolls around. Our plans are to follow the CDC and local guidelines when we meet.

It would be great if our reunion would be the chance we all have to feel that we can get out once again. As one shipmate who wrote made said, "Hopefully we will all meet in October for fellowship and sea stories once more."

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A shipmates family needs assistance.

The son of Chester Gorsky, FTB2(SS), PCU/B 65-69, Eternal Patrol 9.17.2007 is asking for help to learn more about his father. At the end of his email he gives his phone number and email address. If any of you served with Chester and can help his son with his questions please be a shipmate and contact J.P.

J.P. sent a couple of pictures of his father and they are at the end of the newsletter.

Submarines Lost During the Month of April

USS PICKEREL (SS-177) USS SNOOK (SS-279) USS THRESHER (SSN-593) **USS GUDGEON (SS-211)** USS GRENADIER (SS-210)

April 3, 1943 – 7th war patrol April 8, 1945 – 9th war patrol April 10, 1963 - sea trials April 22, 1943 – 6th war patrol

Lost with all hands - 74 souls Lost with all hands - 84 souls Lost with all hands - 129 souls April 18, 1944 – 12th war patrol Lost with all hands – 79 souls 61 POWs; 57 survived the war

Five Boats and 370 Men Lost

Hi, my father Chester J Gorsky was a member of the Blue Commissioning Crew, having joined the PCU in May of 1965 according to parts of his record I have.

He remained with Stimson until his discharge in October of 1969 as an FTB2 (SS).

I am trying to determine how many patrols he completed total from the initial in February 1967 until his discharge in 69. I assume he made all of the Blue crew patrols during that time, his record shows only one short stint of TAD in 68, likely between patrols.

As a former Navy man myself, I am curious more than anything. I have his deterrent pin, but with no stars - I cannot believe he did only one patrol in that period but am not sure how many he actually completed. I was 5 when he left active duty.

He has passed now and my mother cannot recollect unfortunately. I would really like to know if the records are available.

Thanks so much for your help Shipmate, I was not a submariner, an aviator actually (please don't hold it against me). I sincerely appreciate the help.

JP Gorsky 603-498-6598 jpgorsky@gmail.com

Sharing Pictures with Shipmates:

If anyone has pictures you would like to share with your shipmates please either email them to me or contact me and I will send you directions to upload to our Stimson Dropbox file.

655webmaster@ssbn655.org

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The Lean Submariner

Here's the latest posts on the blog. Still going strong. The link to his blog is

https://theleansubmariner.com/

In Plain Sight... by Mister Mac -

Eighty years ago, the United States was still at relative peace. In Europe, Britain was hanging on

for life while France and most of the other occupied nations were adjusting to life under the heel of the Nazi warlords. In the Far East, Japan was beginning to feel the pressure of the sanctions imposed by [...] Read more of this post

In Plain Sight (Part 2) by Mister Mac -

This is a much more detailed account about the man who provided the information to the Japanese Navy about Oahu: UNDER COVER On March 27, 1941, a 27-year-old junior diplomat named Tadashi Morimura arrived in Honolulu to take his post as vice-consul at the Japanese consulate. But that was just a cover- "Morimura" was really [...] Read more of this post

March 2, 1941... Japan will be a pushover by Mister Mac –

March of 1941 was a month of great significance in the march to global war. I don't know anything about the writer of this article in the Washington Evening Star. But I do know that his column was probably being used as a way to telegraph the activities to the world at a time when [...] **Read** more of this post

Happy Birthday to the Only National Anthem of the Republic by Mister Mac –

I don't know if they actually teach American history in schools anymore. I am sure there are cultural studies and social studies that talk about the diversity of the world. But I remember that most of the "history" we learned as children in the sixties was about the founding of this nation and the struggles [...] **Read more of this post**

We Build, We Fight by Mister Mac -

I love a good John Wayne Movie. One of my favorites has always been the Fighting Seabees. March 5 is recognized as the official birthday of the Seabees and I salute all of the men and women who have served in this vital part of the US Armed Forces. From World War 2 to present, [...] Read more of this post

There is no "Accident" in Team by Mister Mac – There is no "Accident" in Team Okay, I can hear the groans. It should be "There is no i in Team". At

least until some smarty pants shows up with the poster that shows exactly where the "i" is. In this case, the word accident and team cannot stand together. Teams must be intentional or [...]

Read more of this post

Watch Where You Are Going... The Ocean Is Big But Not as Big as You Think by Mister Mac

Watch where you are going The world is filled with things in motion. Ever since the wheel was invented, one of the most cherished pieces of advice has had to have been to watch where you are going. We heard it as kids. It's easy to become distracted along the way but those distractions can [...]

Read more of this post

The Most Important Letter I have Ever Written – Winston Churchill by Mister Mac -

March 11, 1941 – Roosevelt Signs the Lend-Lease Act Between 1935 and 1937 Congress passed three "Neutrality Acts" that tried to keep the United States out of war, by making it illegal for Americans to sell or transport arms, or other war materials to belligerent nations. Supporters of neutrality, called "isolationists" by their critics, argued [...]

Read more of this post

"The average citizen is not aware of the dangers that confront America" Launching the Colorado by Mister Mac –

Happy Spring The weather is getting warmer so writing will be more challenging for a while. As I look at the world situation, I can't help but think that not much has changed in a hundred years. Today's story from the archives is about Sea Power, Great ships, Great men and the thread that connects [...]

Read more of this post



The following Stimson Shipmates have departed on Eternal Patrol.

====:

IC2(SS/DV) David A. Selle G 66-69 COMM

ICCM(SS/DV) Retired

Departed on Eternal Patrol - 25 July 2015 (verified by Cary Poston, IC2(SS) B 66-67 Comm & Legacy.com)

ENCS(SS) Fred Russel Stafford G 65-68 COMM

COB 1967

Departed on Eternal Patrol - 18 March 2021 (verified by Jake Jacobs MT1(SS) G 66-70

COMM & Legacy.com)

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The direct link to the Association Eternal Patrol page is: http://ssbn655.org/eternal-patrol/ eternal-patrol.html



WELCOME ABOARD: Found & Updated Shipmates

(Shipmate has contacted us to be added or have info updated on our Sailing List. Please check the online Sailing List for shipmates contact info.)

FTG2(SS) Donald P. Sullivan B 66-69 Comm (info added per shipmate request)

MM2(SS) Roland Clark Schuyler OVHL2/G 84-88

(newly added per shipmate request)

MM2(SS) Gary Jaster B Comm 65-67 Plank (info updated per shipmate request)

BINNACLE LIST UPDATES: So that I don't continue printing the same information in the binnacle list, beginning this edition if I have not received an update on a shipmate, I will only note that fact. If you see that note please refer to a prior newsletter to see what the health issue is.

William 'Sandy' Hastie, CAPT B CO 80 (Oct-Dec)

Cards to: 75 Lambeth Drive, Asheville, NC 28803

3.31.2021: No Current Updates

12.20.2020: I continue to receive my Keytruda infusions and they continue to control my

cancer. My oncologist suggested changing the 3-week infusion schedule to every six weeks. This is a new method and it has worked for me as it better protects the integrity of my veins with fewer needle sticks. Also, it provides a better ability to schedule some family visits (when this again becomes possible). I still get a PET and CT scan every three months. As long as the Keytruda continues to control the cancer, I will be in good shape so thank the Lord it has been working! Sandy

655 Association Website www.ssbn655.org

Vietnam Wall—

This is really sobering. First click on a state. When it opens, scroll down to the city where you went to high school and look at the names. Click on the name and it will give details of the person's death, a picture or at least their bio and medals.

This really is an amazing web site. Someone spent a lot of time and effort to create it. I hope that everyone who receives this appreciates what those who served in Vietnam sacrificed for our country.

Pass the link on to others, as many knew wonderful people whose names are listed. http://www.virtualwall.org

Thresher Webinar

Webinar on THRESHER for the Naval Historical Foundation that is posted on their YouTube channel. This is based on recently declassified documents.

https://www.youtube.com/channel/ UCEyCg7HTC2c4XcLs3p6nK3Q

Submitted by Bob Peterson, MM1(SS) B 70-72, USSVI Member at Large

7-year-old Malea Emma absolutely crushes the National Anthem before LA Galaxy vs. Seattle Sounders

Sep 23, 2018

https://www.youtube.com/watch? v=nxyio0XfE4w

Submitted by Bob Peterson, MM1(SS) B 70-72, USSVI Member at Large

Ball Point Pens

When NASA started sending astronauts into space they quickly discovered that ball-point pens would not work in zero gravity.

To combat this problem, Congress approved a program and NASA scientists spent a decade and over \$165 million developing a pen that writes in zero gravity, upside down, on almost any surface and at temperatures ranging from below freezing to over 300 C.

The Russians used a pencil...

Your taxes are due again in April.

Submitted by Chuck Hladik, TM2(SS) G 67-70, USSVI USS Oklahoma City Base Base Cmd, Holland Club Chuck says: We could identify while pulling in the mooring line and night riders.

The Sea Chanters sing "Boston Harbor", a traditional sea shanty (June 25, 2019) [with lyrics]

•Jul 3, 2019 <u>Jeff Malet Photography</u> 2:53 min

The men of the U.S. Navy Band Sea Chanters perform a traditional sea shanty "Boston Harbor" (with lyrics included), at the U.S. Navy Memorial on Tuesday June 25, 2019. https://youtu.be/nZ37wuSnUco

Here's some more links to US Navy vocal

groups. Enjoy!!!

US Navy Sea Chanters - 1960s Hit Medley
•Aug 23, 2018 10:17 min
https://www.youtube.com/watch?
v=X9k7jRxVR7c

We Are Never Ever Ever Getting Back Together | A Sea Shanty Parody

•Premiered Jan 25, 2021 2:18 min https://www.youtube.com/watch?v=cRHcHI8H v0

Fight Song

•Mar 12, 2016 3:27 min

US Navy band - Recorded Oct. 7, 2015 during a live performance for the 240th birthday of the United States Navy.

https://www.youtube.com/watch?

v=lhfg3Xah7hA

Singing You Through

•Premiered Apr 4, 2020 6:35 min

From our <u>@U.S. Navy</u> family to yours.
Composer: Heather Nova Recorded live in 2017 at the Strathmore Music Center Featuring Chief Musician Antje Farmer, Musicians 1st Class Amy Broadbent and Chelsi Vanderpol, and Chief Musician Rachel Sarracco

https://www.youtube.com/watch?

v=71EDPt6Rq7c

Lean On Me

Premiered Apr 10, 2020 4:52 min
 Lean on Me Bill Withers Featuring the U.S.

 Navy Band under the direction of Capt. Kenneth
 C. Collins

We dedicate this performance to all the personnel serving aboard <u>#USNSComfort</u> and <u>#USNSMercy</u> during the response to the #COVID19 outbreak.

https://www.youtube.com/watch?
v=XRhruv6Wp2U

America the Beautiful

•Jul 4, 2019 3:42 min

As we celebrate the Independence of our great nation, let us remember those "Who more than self their country loved." The women and men serving away from home, protecting the liberties that we hold so dear.

https://www.youtube.com/watch?
v=NSqVkuTegxY

One Voice

•Nov 11, 2014

"One Voice" composed by Ruth Moody United States Navy Band U.S. Navy birthday concert Tuesday, Oct. 7, 2014 Music Center at Strathmore Soloists: Musician 1st Class Antje Farmer Chief Musician Beth Revell Musician 1st Class Jennifer Stothoff

https://www.youtube.com/watch?

v=6ZhvWki817o

Go the Distance

•Jun 4, 2020 4:27

Featuring Chief Musician Bill Edwards <u>@U.S.</u>

<u>Navy</u> Sailors stand ready to go the distance, serving with strength, determination, and dignity on, above, and below the sea. <u>#InThisTogether https://www.youtube.com/watch?</u>

<u>v=PSr9IMr41S4</u>

For those of us heading towards 80

I asked a friend who has crossed 70 and is heading towards 80 what sort of changes she is feeling in herself. She sent me the following:

- 1. After loving my parents, my siblings, my spouse, my children and my friends, I have now started loving myself.
- 2. I have realized that I am not "Atlas". The world does not rest on my shoulders.
- 3. I have stopped bargaining with vegetable & fruit vendors. A few pennies more is not going to break me, but it might help the poor fellow save for his daughter's school fees.
- 4. I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.
- 5. I stopped telling the elderly that they've already narrated that story many times. The story makes them walk down memory lane & relive their past.
- 6. I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
- 7. I give compliments freely and generously. Compliments are a mood enhancer not only for the recipient but also for me. And a small tip for the recipient of a compliment, never, NEVER turn it down, just say "Thank You."
- 8. I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.
- 9. I walk away from people who don't value me. They might not know my worth, but I do.
- 10. I remain cool when someone plays dirty to

outrun me in the rat race. I am not a rat and neither am I in any race.

- 11. I am learning not to be embarrassed by my emotions. It's my emotions that make me human.12. I have learned that it's better to drop the ego
- than to break a relationship. My ego will keep me aloof, whereas, with relationships, I will never be alone.
- 13. I have learned to live each day as if it's the last. After all, it might be the last.
- 14. I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be!

I decided to share this with all my friends. Why do we have to wait to be 60 or 70 or 80, why can't we practice this at any stage and age?

VETERANS AFFAIRS - RETIREE INFO - AARP https://www.va.gov/ And FLEET RESERVE





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VA Is at a Crossroads As It Kicks Off BRAC-Style Review of Medical Facilities

MARCH 26, 2021 GOVEXEC DAILY *ERIC KATZ*. Senior Correspondent

A commission could soon recommend closures of VA medical facilities, or call for more of them.

When Congress first considered legislation to require a comprehensive review of the Veterans Affairs Department's health care facilities in an effort to identify those that were underutilized for closure, even the strongest proponents of the reform thought it was a pipedream.

READ MORE

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Balancing Act: 5 Exercises to Help Restore Strength and Coordination

by Jeff Csatari, AARP, February 16, 2021

The pandemic isolation we faced this year could be costing us muscle tone and agility

Thirty-six percent of Americans report they've gained weight during the COVID-19 crisis — an average of 12.5 pounds, according to one survey. But other bodily changes may be harder to notice: muscle loss and, with it, a loss of

NEWS for VETERANS

Single access point now available for veterans to reach all VA contact centers

■ The Department of Veterans Affairs launched a single access point to all VA contact centers in order to simplify the process for veterans. The consolidated phone number, 1-800-MyVA411 (1-800-698-2411), is available 24 hours a day, 365 days a year, to serve veterans, their families, caregivers and survivors.

Responding to veteran feedback on the challenges of knowing the right number for VA assistance, 1-800-MyVA411 serves all members of the veteran community seeking information or help.

According to the VA, veterans and their families can still reach the Veterans Crisis Line directly by calling 1-800-273-8255 and then pressing 1, by chat or by texting 838255. The White House VA Hotline is also still available at 1-855-948-2311 for veterans and

their families to share compliments and concerns.

- 1-800-MyVA411 provides information on:
- COVID-19 updates.
- · Health care eligibility and enrollment.
- VA benefits, such as disability, compensation and pension, education programs, caregiver support, insurance, home loans, and burial headstones and markers.
- The nearest VA medical centers, benefits offices or cemeteries to veterans; VA medical center operational updates; and connection to VA medical center operators.
- Directory assistance and technical support for VA.gov.
- · Debt and payment options.

When dialing 1-800-MyVA411, callers also have the option of pressing 0 to be immediately connected with a customer service agent to answer questions. innate balance, says Rebecca Seguin-Fowler, an associate professor at Texas A&M University. So, as you prepare to resume your everyday routines, be careful: You may not have the same balance and agility you had just a year ago. To rebuild your strength and balance, try these exercises. Do two sets of 10 to 15 repetitions. As you get stronger, reduce the number of repetitions to eight and use heavier weights.

READ MORE

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I'm vaccinated. What's Next? What you can do to protect others

So, you received your second COVID-19 vaccine dose. What's next? Until vaccines are widely distributed, here are four ways to stay informed and keep yourself and others safe. **Learn more**.

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Diabetes and Your Vision

Did you know regular eye exams are a critical part of self-care for diabetics? It's important to know how diabetic retinopathy happens, its symptoms, and how to prevent it. **Learn more**

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Get Your VA Medical Records Anytime

Before your next appointment, you can be better prepared to talk with your doctor. In this YouTube video, learn more about what VA Blue Button can do for you. **Learn more**.

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Achieve Your Healthy Weight

There's no perfect weight for everyone. But there's a weight that's healthiest for you. Adopting healthy habits will serve your well-being better than any number on the scale. **Learn more**.

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Blood Pressure: Questions to Ask Your Doctor

It's important to have a good relationship with your doctor. When you talk to them about your blood pressure, these questions can help you stay on track. **Learn more**.

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What is Atrial Fibrillation?

Atrial fibrillation, or 'AFib,' is a common abnormality that affects millions of people. Living a heart-healthy lifestyle can lower your chances of problems. **Learn more**.

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Wearing a Mask

by Peter Urban and Barbara Stepko, AARP, February 26, 2021

Solutions for when your specs fog up include special lenses, wipes, sprays and a better-fitting mask

Masks are a crucial way to decrease the spread of COVID-19, but these mouth-and-nose coverings cause a few nuisances, including fogged-up eyeglasses. When it's cold, your breath puffing up through the top of the mask clouds the lenses, especially when you go from the chilly outside to the warmer indoors and the mask isn't tight around your face. The effect is similar to how a hot shower's steam fogs up a cool bathroom mirror.

The easiest, and least expensive, way to ensure that your glasses don't fog is to wear a snug-fitting mask with a tight seal across the top that prevents your breath from escaping, says Moran Roni Levin, M.D., assistant professor of ophthalmology at the University of Maryland School of Medicine. But there are other options, including antifog lens coatings, sprays and wipes. **READ MORE**

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When to Get Your Thyroid Checked

by Sandra Lamb, **AARP**, February 12, 2021

Everything from weight gain to insomnia — even brain fog — can be related to problems with this gland

You may have never given your thyroid a moment's thought until something like a racing heart, fatigue or mysterious weight gain sent you scuttling to your doctor's office in search of a fix. Could this much-discussed but little-understood gland at the front of your neck be to blame?

Yes. In fact, your tiny thyroid gland (which normally weighs less than an ounce) plays a significant role in everything from your heart rate to your toenails. It's been called your body's control center because the hormones it produces keep your brain, heart rate, breathing, nervous system, weight, body temperature, cholesterol, metabolism and more operating at top efficiency.

How it works: The thyroid is signaled by the pituitary and the brain's hypothalamus to turn

iodine from the food you eat into the hormones triiodothyronine (T3) and thyroxine (T4), which are then sent through your bloodstream to feed your body's cells. In a feedback loop, the pituitary monitors the hormone levels in your blood and signals the thyroid to either produce more or less of them.

READ MORE

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Your 2021 State Veterans Benefits

20 Jan 2021 Military.com | By Jim Absher
Everyone knows about the federal benefits
available to veterans, but did you know many
states also offer great benefits to their veterans?
State benefits range from free college and
employment resources to free hunting and fishing
licenses. Most states also offer tax breaks for their
veterans and specialized license plates, some
states even provide their veterans with cash
bonuses just for serving in the military. READ
MORE

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After Years of Fighting, the Military Has Started Phasing Out 'Widow's Tax'

19 Jan 2021 Military.com | By Jim Absher

A long-decried law dubbed the "widow's tax" that reduced the amount of cash support some surviving military spouses could receive each month will begin a planned phaseout this month, a change triggered by a 2020 law.

The so-called tax, officially known as the <u>Survivor Benefit Plan</u> offset, impacted surviving spouses who qualified for both SBP annuity payments and <u>Dependency and Indemnity Compensation</u> (DIC) allowances from the <u>Department of Veterans Affairs</u>. The law required the SBP payments to be reduced by the amount of the DIC payments. That's because federal law prevented "double-dipping," or receiving two separate federal benefits for the same reason. **READ MORE**

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COVID-19 vaccines at VA

We're working closely with the Centers for Disease Control and Prevention (CDC) and other federal partners to provide COVID-19 vaccines to Veterans and VA health care personnel. We know you have a lot of questions, and information is

changing quickly. Please check back often for updates. We'll continue to update this page as we have new information to offer. **READ MORE**

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What Happens to Your Debts After You Die? by Patricia Amend, AARP, March 5, 2021

5 things loved ones will have to do to settle your accounts

When loved ones pass away there's way too much to handle in a short time: notifying others despite feelings of intense grief; funeral arrangements; living without the departed individual; keeping or dispensing with their possessions; a potential change in income and other financial matters. **READ MORE**

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All Veterans, their spouses, caregivers can get COVID-19 vaccinations from VA

All Veterans, their spouses and caregivers can get COVID-19 vaccinations from VA under the SAVE LIVES Act signed into law March 24.

Covered individuals can receive a vaccine from VA due to the ongoing COVID-19 public health emergency, including Veterans who are not eligible to enroll in VA health care.

LEARN MORE

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IRS delivering third round of economic stimulus payments

Most Social Security retirement and disability beneficiaries, railroad retirees and those who received Veterans' benefits in 2020 should not need to take any action to receive a payment. As with the first two stimulus payments, the IRS is to send out the new payments the same way benefits are normally paid. Tax Day filing for individuals has been extended to May 17, 2021.

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Free captioned telephone service for those with hearing loss

Veterans and others with hearing loss can receive free assistive technology for captioned telephone service from participating providers on their home phones, mobile phones and other communication apps.

LEARN MORE

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Year round discounts for Veterans, Military See our most recent list of Veteran and military discounts that are good year round and will be updated as we learn of more. These discounts are being shared so that Veterans, military members, their families, caregivers and survivors are aware of all resources available to them.

LEARN MORE

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6 Stomach Symptoms You Should Never Ignore

They can signal cancer, COVID-19 or another serious disease

by Michelle Crouch, **AARP**, Updated March 15, 2021

Everyone has stomach issues from time to time, and occasional digestive discomfort is not usually something to worry about.

That said, doctors note that there are a few gastrointestinal symptoms that you shouldn't write off, because they could signal something serious.

"I've seen many cases where patients have waited way too long before seeking medical attention," says Christine Lee, a gastroenterologist at the Cleveland Clinic.

With studies showing that the coronavirus can cause gastrointestinal symptoms, patients have even more reason to take nausea, vomiting and prolonged diarrhea seriously, doctors say.

Here are six symptoms you should never ignore and what they may mean.

MORE HERE

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14 States That Don't Tax Pension Payouts Retirement income from defined benefit plans catches a break in these states

by John Waggoner, AARP, March 4, 2021

Retirement income comes in all forms, and pension payouts are just one of them. To the federal government, most pension payouts are fully taxable as income. To the 50 states and the District of Columbia, the tax picture for pension payouts is a bit more complicated.

A patchwork of tax rules

Eight states – Alaska, Florida, Nevada, South Dakota, Tennessee, Texas, Washington and Wyoming – don't tax income at all. A ninth state, New Hampshire, only taxes capital gains and

dividend income. (Tennessee taxes capital gains and dividends for the 2020 tax year, but not for 2021 and thereafter.) And five states – Alabama, Illinois, Hawaii, Mississippi and Pennsylvania – exclude pension income from state taxes.

My Dead Relative Received a Stimulus Check. Can We Keep It?

Here's what IRS says to do with payments sent to deceased

by John Waggoner, **AARP**, Updated March 25, 2021 | Comments: 291

Most people would be happy to find an extra couple hundred dollars in their mailbox or bank account — unless, of course, the unexpected windfall was earmarked for someone who died. Not only is the money a painful reminder of a loved one's absence, it raises vexing questions: What do I do with it? Should I spend it? Send it back? And if so, how?

That was the dilemma facing Americans who received \$1,200 stimulus payments in 2020 by paper check or direct deposit, in the names of deceased spouses and other family members. The federal government had sent stimulus payments to about 1.1 million dead people totaling nearly \$1.4 billion. The Internal Revenue Service (IRS) told people to give the money back.

But the rules have changed for the second, maximum \$600 stimulus checks, as well as the \$1,400 checks being issued now. The legislation that authorized the second stimulus payment to eligible recipients says that only recipients who died in 2019 or earlier must return the payments. But, the legislation that authorized the third round of stimulus payments says that those who died in 2020 aren't qualified to get a stimulus check. Someone who died in 2021 still qualified.

MORE HERE

SOMETHING FROM OUR SHIPMATES: SEA STORIES, COMMENTS, JOKES, ETC.

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Submitted by Bill Wieting, LT(SS)(MC) G 66-67 Plank [CAPT MC Ret]

I saw your lament that no one responded to

your call for the "games we played" on the nonquals, and I'm moved to share this true tale with you.

When the Gold crew was preparing for our first (STIMSON's second) deterrent patrol in Rota, Spain, in June 1967, CDR Bob Weeks, the CO, got a phone call from the pier (our unofficial "quarterdeck") while he and I were chatting a little after the evening meal. Sitting in the wardroom, sipping coffee and smoking a rum crook, he listened intently to the phone, nodded and said, "Well, they're two days late! It's raining, right? Let 'em stand in the rain for a couple of minutes, then send 'em to the wardroom." He hung up and instantly turned to me - there was no one else in the wardroom - and said, grinning, "Well, the middies are finally here."

We were scheduled to take two Annapolis midshipmen with us on patrol for their "summer cruise," poor bastards, while their classmates were visiting places like Portsmouth, Naples, Marseille or Bremerhaven. Though they were supposed to have reported several days earlier, we had heard nothing of them. Indeed, the middies were cutting things very fine, for we were within two days of getting under way on patrol - fast cruise was set for the next day.

"Quick, Doc, change devices with me - you play the CO and I'll be the ship's doctor. We'll cycle their valves a little - you give 'em a good reaming for being late!" (It must be kept in mind that Bob Weeks was a product of the NROTC program at Rensselaer Polytechnic Institute, and was one of only three officers in the STIMSON wardroom (including me) who was *not* trained at the Naval Academy.)

The skipper put on my collar devices of a Lieutenant, Medical Corps, and I became a line Commander; he lounged on the banquette at the forward end of the wardroom, with his brown Wellington boots on the small coffee table (something I would never have done, by the way), while I sat importantly in his seat at the forward end of the long wardroom table, facing aft and staring stonily at a sheaf of messages when two miserable young men were ushered in by a messenger. They were about 19 years old, I think, and well-soaked from standing in the rain. They

stood at attention against the sideboard, rigid with a combination of fatigue and anxiety, just at my right shoulder. I ignored them for a long minute. Behind me, Bob Weeks farted, loudly. Without looking at him, I growled, "Doctor, you are a slob. If you can't control your bodily functions any better than that, you can leave!" All this in my most vicious Charles Laughton/Captain Bligh voice.

Finally I turned to the two middles and yelled, "Who the Hell are You?! and where the Hell have you been???" The inherent illogic of the question was lost on them in their terror. The taller, skinnier midshipman stammered, "Sir, we're from the Naval Academy, sir, and, ah, reporting aboard for our, ah, for our summer cruise, sir." I paused and then barked, "Well?" They simply blanched and went silent. "WELL??" I roared again, "where the hell are your papers?" Both of them spastically fumbled through their damp jackets and produced their travel orders, proffering them with trembling hands. I took them as if they were somehow contaminated, laid them on the table before me and pretended to study them for another long, long minute.

The middies, we later learned, had not eaten for at least 18 hours, and had been sleepless for about 48. Their trans-Atlantic flight had been delayed, and thus - through no fault of their own - they had missed a vital connection somewhere in Paris that forced them to miss another connection in Barcelona, which finally brought them to Cadiz just after their transport to Rota had left, and so on... They were exhausted, hungry, wet, and dispirited - and now were confronted by an irascible, unsympathetic, altogether nasty martinet.

Finally, in an icy voice, I declared to them that their papers were not in order, that these were merely travel vouchers, f'God's sake, not orders, and where in hell were their f---ing ORDERS??? All of which was mere bluster, but the middies really didn't know an order from a voucher, and were simply flummoxed. They looked more miserable than ever, and I'm sure were almost despairing, wondering what they'd gotten themselves into.

I finally had them sit on the bench at the far

end of the wardroom table, and buzzed in a steward who was bug-eyed to see me sitting in the CO's seat, but quickly figured out the hoax and went smoothly along with it, acknowledging my order for coffee and sandwiches for the middies. I learned the middies' names from their papers, and managed to mispronounce them while grilling them about their education. "How did you ever get from Ames Central High School to the Naval Academy? Your father must've really kissed the ass of some Senator..." "You're interested in Russian literature? What the hell is that all about? spying? for us or for them??" and so on. I feigned increasing dissatisfaction with them and finally stomped out of the wardroom, disgustedly, saying, "Doctor, see to it these kids check in with the yeoman and the XO and get a place to bunk. Geez. More non-watch-standers ah, S**T!"

I don't know whether or not Capt. Weeks clued them in in the next moments, but at least *four days later*, after we had started our patrol, one of the middies came to me in sick bay with his orders in his hand and presented them to me, standing at rigid attention, still thinking I was the CO, I guess. I sat him down by the microscope and gently explained that I was really only the doctor, not the CO, ("see that oak leaf on my left collar tab? that's 'Medical Corps'") and that the guy in the brown Wellingtons was in fact the skipper of the ship - really - and that he had a rather wicked sense of humor...

Of course, by the end of the patrol, 56 days later, the middies had become like pets - curious, energetic, good-natured, almost reliable, and - mostly - housebroken. And very proud of their service in submarines!

//Bill Wieting

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Submitted by Gary Jaster, MM2(SS) B 65-67 Plank

All vets can join the Armed Forces Vacation Club for free.(Go to AFVC and join) We just spent a week in Los Vegas at the Tahiti Village. \$349/ week. If you pay \$100/year for premium membership you get the cheaper rates which are shown here. These rates are less than what they offered for the crew.

Call or email if I can answer any questions. 717-991-3805 garyjaster@gmail.com

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The Computer Corner

By: George Birmingham, ET1(SS), Gold 69-74, USSVI Carolina Piedmont Base, Holland Club, Association Life Member



Windows 10 Photo App

We often use our various digital devices like iPhones, iPads, and digital cameras to record significant events in our lives. At some point these devices will run out of storage space and we will

need to save these memories elsewhere to preserve them. Newer laptops and some desktop systems now come with very large disk drives with ample storage space available. There is a Windows 10 app called Photos that will provide a way to download photos from our devices to our Windows 10 PCs for viewing and storage.

Instead of trying to write a How-To on this subject here, the links below will be useful in understanding the app (available in Windows 10 PCs and also downloadable from the Microsoft Store), its use and how to download from a variety of mobile devices. I hope you find them to be helpful and informative.

Microsoft Photos (the App)

https://www.microsoft.com/en-us/p/microsoftphotos/9wzdncrfjbh4? activetab=pivot:overviewtab

Hidden Windows 10 Photo App Tricks You Must Know

https://www.makeuseof.com/tag/10-thingsdidnt-know-windows-10-photos-app/

Downloading photos from your iPhone

https://support.apple.com/en-us/HT201302

This can be difficult at times, and I had problems downloading from my iPhone and iPad to my Windows 10 desktop. In researching the issue I encountered, I found the following article which helped me to succeed:

https://www.dell.com/community/Windows-10/

<u>Windows-10-can-t-import-photos-from-iPhone/</u>m-p/7508812#M15138

You will see that this requires an adjustment to an iPhone/iPad Photos App setting to be successful.

Download from an Android device

https://support.microsoft.com/en-us/windows/import-photos-and-videos-from-an-android-phone-to-pc-aed09800-f826-4d40-a243-7640de229d9d

And once you have those memories downloaded, and verified on your PC, then you can safely delete them from your mobile device. As always, be sure to back up your PC so what you have downloaded is safe from being lost.

Another option is to employ a separate USB Drive so that you can copy those photos and videos from your PC to a drive you can store in a safe place. Western Digital has a great portable drive - WD 4TB Elements Portable External Hard Drive, USB 3.0 - WDBU6Y0040BBK-WESN for just under \$90 that will provide ample storage in a small footprint. Other sizes and prices are available as well. Check your favorite electronics retailer for prices and availability.

As always, shipmates, comments and suggestions for future topics are welcomed. I am in need of topics for future articles, so please send your ideas along to me. Contact me at subvet ssbn@bellsouth.net. And if you have a difficult computer or network problem you need help with, contact me. I'm always glad to help out if I can. //George

Quick tip of the day

It happens all the time: You have a dozen tabs open in your browser and accidentally close the wrong one. You could open your browser's history to reopen it, or you can do it with a couple of keystrokes.

- On a PC: Hit Ctrl+Shift+T
- On a Mac: Hit Cmd+Shift+T

Get more <u>Windows 10 keyboard shortcuts</u> you should be using and <u>essential Mac shortcuts</u>.

Quick tip of the day

Ah, Google. We use it all day long, but do you

know the tricks pros use to narrow down search results?

- Put a "-" (minus sign) before a word you want to exclude from your search.
- Put a "+" (plus sign) before a word you need. Basically, Google matches words that have a plus at the beginning. The search engine will exclude any word with a minus sign.

Another quick tip: If you're looking for a specific phrase, wrap it in quotation marks. This makes sure your results contain the full phrase instead of just a tidbit of that phrase.

CORONA PRECAUTIONS I went to the bathroom at a restaurant.

I washed my hands.

Opened the door with my elbow.

Raised the toilet seat with my foot.

I switched on the water faucet with a tissue.

Opened the bathroom door to leave with my elbow. And when i returned to my table I realized.... I forgot to pull up my pants!!!'

USS Bremerton Submarine, In Its Waning Days, Turns 40

(KITSAP SUN 27 MAR 21) ... Josh Farley BREMERTON — Capt. Chris Lindberg was just shy of his 6th birthday when the fast-attack submarine USS Bremerton was commissioned. Today, he is the commander in charge of the boat's last crew, overseeing its inactivation and decommissioning in a dry dock at the Puget Sound Naval Shipyard.

"It's the culmination of 40 years of the Bremerton supporting our national security," said Lindberg, a veteran of the submarine force. "She's served her country well and it's time to complete her last mission."

The venerated vessel, which turns 40 on Sunday, will live on through the 1,500 crew

members that served on board, Lindberg said.

"We are decommissioning the Bremerton but not the crew," he said. "We'll carry on the Bremerton's spirit."

There's also a chance that a piece of the venerated submarine — its sail — could become a landmark in the city for which the boat is named. The Bremerton-Olympic Peninsula Council Navy League, a booster organization, has expressed interest in keeping the sail to be placed at a park in town.

Bremerton Mayor Greg Wheeler said that while the financial effort to save the sail will have to "be community-driven," he wants to see if there's a way the city can help.

Wheeler has a new spot for the sail he believes would give it visibility and help an underutilized park. He likes the idea of placing it in the ground at the city's World's Fair-created Roto Vista Park, just off of the Warren Avenue Bridge's southeast corner. Wheeler noted that planned pedestrian improvements on the nearby bridge could pair well.

"If done correctly, this could be a beautiful setting," Wheeler said.

In the meantime, the Bremerton remains in a dry dock, where crews from the Puget Sound Naval Shipyard are removing valuable equipment and paring down its size, as they prepare it for long-term storage in nearby waters. In a few years, it will again go into the dry dock to be dismantled, and its reactor will be removed, packaged, and sent to the Department of Energy's Hanford site where it will sit for the next millennia.

The inactivation process not only removes valuable equipment from the submarine — around 260 parts and pieces — and pares down its overall size, but it gets the vessel ready to bob long-term in waters near the shipyard. It can take decades before the submarine is ultimately taken back into dry dock to be sawed into small pieces for recycling.

Rodney Peeler, the shipyard's project superintendent, was born and raised in the area. His father and grandfather, both Navy veterans, also worked in the shipyard.

"Now, as I grow close to retirement, I find myself being the project superintendent for the

decommissioning of my hometown namesake, USS Bremerton," he said. "It is an honor."

The Bremerton's inactivation process costs about \$46 million.

The Bremerton is among the entire Los Angeles class of more than 60 submarines that are trickling into Sinclair Inlet, home to the only place in the world that dismantles and recycles them.

The Bremerton's decommissioning ceremony is planned for May 18 in Keyport, but details about whether the public can attend have not been finalized because of the COVID-19 pandemic. https://www.kitsapsun.com/story/news/2021/03/27/uss-bremerton-submarine-its-waning-days-turns-40/7015488002/

Mystic Submariner Haunted By Fateful Navy Orders Issued 58 Years Ago

(THE DAY 28 MAR 21) ... Brian Hallenbeck Mystic — A spry 82-year-old, David Cornell has compiled abundant evidence of a life fully lived: his life.

It's all in a binder thick with certificates, patches, official correspondence and photographs, each page sheathed in protective plastic.

He's written his obituary, too, along with a list of who should be notified when he dies; some passages that should be spoken at his wake (and who should speak them); and instructions about how his ashes should be spread over a certain expanse of the Atlantic Ocean.

Apparently, 58 years of survivor's guilt can make a person do such things.

Above all else, Cornell was — no, forever "is," he's quick to point out — a submariner. A machinist's mate, he served on four submarines between 1956 and 1966, a "cold warrior" with many a tale to tell.

It's the story about the boat he almost served on and the buddy who drew the assignment instead that haunts him.

"I've been thinking a lot about Bob Gaynor these days," Cornell said last week during an interview in his Cow Hill Road home. "When Bob came on board the Seadragon, we clicked. He was a bit on the wild side, but what sailor isn't?"

Both men, Boston-area natives, served on the USS Seadragon (SSN-584) from 1959 to 1961. Before the submarine left the Portsmouth Naval Shipyard in Kittery, Maine, on a historic 1960 mission to the Pacific via the Northwest Passage, they got fresh orders.

"One of us was going to the Thresher," Cornell said, tearing up. "Well ... I'm here."

Robert William Gaynor was among the 129 people — 112 Navy personnel and 17 civilians — who perished April 10, 1963, when the USS Thresher (SSN-593) sank during deep-diving exercises some 220 miles east of Boston. Bits of debris were recovered from the ocean floor, and photographs showed that the Thresher had broken up in 5,500 feet of water. Only last year, the Navy, prompted by a lawsuit, began releasing records of a Court of Inquiry into the sinking, which concluded a welding failure had led to the flooding of the Thresher's engine room and the eventual shutdown of the submarine's nuclear reactor.

Cornell speculates that his being "nuclear qualified" kept him assigned to the Seadragon when Gaynor, part of the "auxiliary gang," was transferred to the Thresher.

At the time of the tragedy, Cornell was serving on the USS Barb (SSN-596). He thought instantly of Gaynor when he heard the news.

He recalled that Gaynor's nickname was "Mitzi," the name of the actress with the same surname as Gaynor who starred in the movie version of "South Pacific," which was popular at the time.

"He was like a brother to me," Cornell said.
Eschewing computers and cellphones, Cornell has never tried to research Gaynor's legacy. A website dedicated to the Thresher and its crew says Gaynor was survived by his widow and three children.

Cornell had four sons with his first wife, Sandra, who died in 1994. They bought a house in North Stonington in 1964 and lived there for decades. After leaving the Navy, Cornell went to work for Pratt & Whitney and retired in 1992. In 1996, he married his wife JoAnn.

His binder contains copies of newspaper articles about Thresher memorials, including one Cornell

attended in 2013 at Mitchell College in New London on the 50th anniversary of the Thresher's sinking. Other clippings give accounts of Navy burials at sea of those with connections to the Thresher crew.

In April 2015, the cremated remains of Irene Harvey, wife of the ill-fated submarine's commanding officer, Lt. Cmdr. John "Wes" Harvey, were laid to rest in the area where the Thresher was lost, as she had requested. In 2016, a similar honor was accorded Capt. Paul "Bud" Rogers, a native Pennsylvanian who up until the last minute was supposed to be on board the Thresher's last cruise and whose will requested he be buried at sea.

Rogers felt survivor's remorse much of his life, his wife said at the time.

Cornell has written a speech he hopes to deliver at services marking the 60th anniversary of the Thresher sinking in 2023. He figures such events are likely to take place in Kittery, Maine, and elsewhere.

"I am David T. Cornell and I am a submariner," the speech begins.

It expresses Cornell's wish that he "be cremated and ashes transported by a naval submarine, to be spread over the water where the Thresher was lost to join Rober Gaynor and all my fellow submariners ..."

https://www.theday.com/local-news/20210328/ mystic-submariner-haunted-by-fateful-navyorders-issued-58-years-ago

Submitted by George Birmingham, ET1(SS) G 69-74, Assoc. LM, USSVI Holland Club / Carolina Piedmont Base] Maybe some of us can feel a bit better about ourselves......

Earth's Population in Perspective

The population of Earth is around 7.8 Billion. For most people, it is a large figure, that is all. However, if you condensed 7.8 billion in the world into 100 persons and then into various percentage statistics, the resulting analysis is relatively much easier to comprehend.

Out of 100:

11 are in Europe

5 are in North America 9 are in South America 15 are in Africa 60 are in Asia

49 live in the countryside

51 live in cities

12 speak Chinese

5 speak Spanish

5 speak English

3 speak Arabic

3 speak Hindi

3 speak Bengali

3 speak Portuguese

2 speak Russian

2 speak Japanese

62 speak their own language.

77 have their own houses

23 have no place to live.

21 are over-nourished

63 can eat full

15 are under-nourished

1 ate the last meal, but did not make it to the next meal.

The daily cost of living for 48 is less than 2 US\$.

87 have clean drinking water

13 either lack clean drinking water or have access to a water source that is polluted.

75 have mobile phones

25 do not.

30 have internet access

70 do not have conditions to go online

7 received university education

93 did not attend college.

83 can read

17 are illiterate.

33 are Christians

22 are Muslims

14 are Hindus

7 are Buddhists

12 are other religions

12 have no religious beliefs.

26 live less than 14 years

66 died between 15 - 64 years of age

8 are over 65 years old.

If you have your own home, eat full meals & drink clean water, have a mobile phone, can surf the internet, and have gone to college, you are in the miniscule privileged lot. (in the less than 7% category)

Amongst 100 persons in the world, only 8 can live or exceed the age of 65.

If you are over 65 years old, be content & grateful. Cherish life, grasp the moment.

You did not leave this world before the age of 64 years like the 92 persons who have gone before you. You are already the blessed amongst mankind.

Take good care of your own health. Cherish every remaining moment.

Submitted by George Birmingham, ET1(SS) G 69-74, Assoc. LM, USSVI Holland Club / Carolina Piedmont Base

Only if you think you are suffering memory loss!

Anosognosia Very interesting...

In the following analysis the French Professor Bruno Dubois Director of the Institute of Memory and Alzheimer's Disease (IMMA) at La Pitié-Salpêtrière - Paris Hospitals / addresses the subject in a rather reassuring way:

"If anyone is aware of his memory problems, he does not have Alzheimer's."

- 1. I forget the names of families ..
- 2. I do not remember where I put some things ..

It often happens in people 60 years and older that they complain that they lack memory. "The information is always in the brain, it is the "processor" that is lacking."

This is "Anosognosia" or temporary forgetfulness.

Half of people 60 and older have some symptoms that are due to age rather than disease.

The most common cases are:

- forgetting the name of a person,
- going to a room in the house and not remembering why we were going there,
- a blank memory for a movie title or actor, an actress,
- a waste of time searching where we left our glasses or keys ..

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of years ...

Many people are concerned about these oversights hence the importance of the following statement:

"Those who are conscious of being forgetful have no serious problem of memory."

"Those who suffer from a memory illness or Alzheimer's, are not aware of what is happening."

Professor Bruno Dubois, Director of IMMA, reassures the majority of people concerned about their oversights:

"The more we complain about memory loss, the less likely we are to suffer from memory sickness."

Now for a little neurological test:

1- Find the C in the table below!

2- If you have already found the C, then find the 6 in the table below.

3- Now find the N in the table below. Attention, it's a little more difficult!

If you pass these three tests without problem:

- you can cancel your annual visit to the neurologist.
- your brain is in perfect shape!
- you are far from having any relationship with Alzheimer's.

So, share this with your over-55 friends, it can reassure them.

Submitted by a Charleston Base SUBVET

This list may not only be useful for you, but for your friends and family too.

Dunkin Donuts gives free coffee to people over 55. If you're paying for a cup every day, you might want to start getting it for FREE. YOU must ASK for your discount!

RESTAURANTS:

Applebee's: 15% off with Golden Apple Card

(60+)

Arby's: 10% off (55 +)

Ben & Jerry's: 10% off (60+)

Bennigan's: discount varies by location (60+) Bob's Big Boy: discount varies by location (60+)

Boston Market: 10% off (65+) Burger King: 10% off (60+)

Chick-Fil-A: 10% off or free small drink or coffee

(55+)

Chili's: 10% off (55+)

CiCi's Pizza: 10% off (60+)

Denny's: 10% off, 20% off for AARP members (55

+)

Dunkin' Donuts: 10% off or free coffee (55+) Einstein's Bagels: 10% off baker's dozen of

bagels (60+)

Fuddrucker's: 10% off any senior platter (55+)

Gatti's Pizza: 10% off (60+) Golden Corral: 10% off (60+)

Hardee's: \$0.33 beverages everyday (65+)

IHOP: 10% off (55+)

Jack in the Box: up to 20% off (55+)

KFC: free small drink with any meal (55+)

Krispy Kreme: 10% off (50+)

Long John Silver's: various discounts at locations

(55+)

McDonald's: discounts on coffee everyday (55+) Mrs. Fields: 10% off at participating locations

(60+)

Shoney's: 10% off

Sonic: 10% off or free beverage (60+)

Steak 'n Shake: 10% off every Monday & Tuesday

(50+)

Subway: 10% off (60+)

Sweet Tomatoes: 10% off (62+)

Taco Bell: 5% off; free beverages for seniors

(65+)

TCBY: 10% off (55+)

Tea Room Cafe: 10% off (50+)

Village Inn: 10% off (60+)

Waffle House: 10% off every Monday (60+)

Wendy's: 10% off (55 +)
Whataburger: 10% off (62+)
White Castle: 10% off (62+)

RETAIL & APPAREL:

Banana Republic: 30% off (50 +)

Bealls: 20% off first Tuesday of each month (50 +) Belk's: 15% off first Tuesday of every month (55

+)

Big Lots: 30% off

Bon-Ton Department Stores: 15% off on senior

discount days (55 +)

C.J. Banks: 10% off every Wednesday (50+)

Clarks: 10% off (62+) Dress Barn: 20% off (55+)

Goodwill: 10% off one day a week (date varies by

location)

Hallmark: 10% off one day a week (date varies by

location)

Kmart: 40% off (Wednesdays only) (50+)

Kohl's: 15% off (60+) Modell's Sporting Goods:

30% off

Rite Aid: 10% off on Tuesdays & 10% off

prescriptions

Ross Stores: 10% off every Tuesday (55+)
The Salvation Army Thrift Stores: up to 50% off

(55+)

Stein Mart: 20% off red dot/clearance items first

Monday of every month (55 +)

GROCERY:

Albertson's: 10% off first Wednesday of each

month (55 +)

American Discount Stores: 10% off every Monday

(50 +)

Compare Foods Supermarket: 10% off every

Wednesday (60+)

DeCicco Family Markets: 5% off every

Wednesday (60+)

Food Lion: 60% off every Monday (60+) Fry's Supermarket: free Fry's VIP Club Membership & 10% off every Monday (55 +)

Great Valu Food Store: 5% off every Tuesday

(60+)

Gristedes Supermarket: 10% off every Tuesday

(60+)

Harris Teeter: 5% off every Tuesday (60+) Hy-Vee: 5% off one day a week (date varies by

location)

Kroger: 10% off (date varies by location) Morton Williams Supermarket: 5% off every

Tuesday (60+)

The Plant Shed: 10% off every Tuesday (50 +)

Publix: 15% off every Wednesday (55 +)

Rogers Marketplace: 5% off every Thursday (60+)

Uncle Guiseppe's Marketplace: 15% off (62+)

TRAVEL:

Airlines:

Alaska Airlines: 50% off (65+)

American Airlines: various discounts for 50% off non-peak periods (Tuesdays - Thursdays) (62+)

and up (call before booking for discount) Continental Airlines: no initiation fee for

Continental Presidents Club & special fares for

select destinations

Southwest Airlines: various discounts for ages 65

and up (call before booking for discount)

United Airlines: various discounts for ages 65 and

up (call before booking for discount)

U.S. Airways: various discounts for ages 65 and

up (call before booking for discount)

Rail:

Amtrak: 15% off (62+)

Bus:

Greyhound: 15% off (62+)

Trailways Transportation System: various

discounts for ages 50+

Car Rental:

Alamo Car Rental: up to 25% off for AARP

members

Avis: up to 25% off for AARP members

Budget Rental Cars: 40% off; up to 50% off for

AARP members (50+)

Dollar Rent-A-Car: 10% off (50+) Enterprise Rent-

A-Car: 5% off for AARP members Hertz: up to

25% off for AARP members

National Rent-A-Car: up to 30% off for AARP

members

Overnight Accommodations:

Holiday Inn: 20-40% off depending on location

(62+)

Best Western: 40% off (55+)

Cambria Suites: 20%-30% off (60+)

Waldorf Astoria - NYC \$5,000 off nightly rate for

Presidential Suite (55 +)

Clarion Motels: 20%-30% off (60+) Comfort Inn: 20%-30% off (60+) Comfort Suites: 20%-30% off (60+)

Econo Lodge: 40% off (60+)

Hampton Inns & Suites: 40% off when booked 72

hours in advance

Hyatt Hotels: 25%-50% off (62+)

InterContinental Hotels Group: various discounts

at all hotels (65+)

Mainstay Suites: 10% off with Mature Traveler's

Discount (50+); 20%-30% off (60+) Marriott Hotels: 25% off (62+)

Motel 6: Stay Free Sunday nights (60+)

Myrtle Beach Resort: 30% off (55 +)

Quality Inn: 40%-50% off (60+) Rodeway Inn: 20%-30% off (60+)

Sleep Inn: 40% off (60+)

ACTIVITIES & ENTERTAINMENT;:

AMC Theaters: up to 30% off (55 +)

Bally Total Fitness: \$100 off memberships (62+) Busch Gardens Tampa, FL: \$13 off one-day

tickets (50 +)

Carmike Cinemas: 35% off (65+)

Cinemark/Century Theaters: up to 35% off Massage Envy - NYC 20% off all "Happy

Endings" (62 +)

U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping (62+)

Regal Cinemas: 50% off Ripley's Believe it or Not:

@ off one-day ticket (55 +)

SeaWorld, Orlando , FL : \$3 off one-day tickets

(50 +)

CELL PHONE DISCOUNTS:

AT&T: Special Senior Nation 200 Plan \$19.99/month (65+)

Jitterbug: \$10/month cell phone service (50 +) Verizon Wireless: Verizon Nationwide 65 Plus Plan \$29.99/month (65+).

MISCELLANEOUS:

Great Clips: \$8 off haircuts (60+) Supercuts: \$8 off haircuts (60+)

NOW, go out there and claim your discounts - - and remember -- YOU must ASK for discount ---- no ask, no discount. I know everyone knows someone over 50 please pass the one on!!!!!

VERY INTERESTING!

'A SHOT OF WHISKEY' - In the old west a .45 cartridge for a six-gun cost 12 cents, so did a glass of whiskey. If a cowhand was low on cash he would often give the bartender a cartridge in exchange for a drink. This became known as a "shot" of whiskey.

BUYING THE FARM - This is synonymous with dying. During WW1 soldiers were given life insurance policies worth \$5,000. This was about the price of an average farm so if you died you "bought the farm" for your survivors.

IRON CLAD CONTRACT - This came about from the ironclad ships of the Civil War. It meant something so strong it could not be broken.

RIFF RAFF - The Mississippi River was the main way of travelling from north to south. Riverboats carried passengers and freight but they were expensive so most people used rafts. Everything had the right of way over rafts which were considered cheap. The steering oar on the rafts was called a "riff" and this transposed into riff-raff, meaning low class.

COBWEB - The Old English word for "spider" was "cob".

SHIP STATE ROOMS - Travelling by steamboat was considered the height of comfort. Passenger cabins on the boats were not numbered. Instead they were named after states. To this day cabins on ships are called staterooms.

SLEEP TIGHT- Early beds were made with a wooden frame. Ropes were tied across the frame in a crisscross pattern. A straw mattress was then put on top of the ropes. Over time the ropes stretched, causing the bed to sag. The owner would then tighten the ropes to get a better night's sleep.

SHOWBOAT - These were floating theatres

built on a barge that was pushed by a steamboat. These played small towns along the Mississippi River. Unlike the boat shown in the movie "Showboat" these did not have an engine. They were gaudy and attention grabbing which is why we say someone who is being the life of the party is "showboating".

OVER A BARREL - In the days before CPR a drowning victim would be placed face down over a barrel and the barrel would be rolled back and forth in an effort to empty the lungs of water. It was rarely effective. If you are over a barrel you are in deep trouble.

BARGE IN - Heavy freight was moved along the Mississippi in large barges pushed by steamboats. These were hard to control and would sometimes swing into piers or other boats. People would say they "barged in".

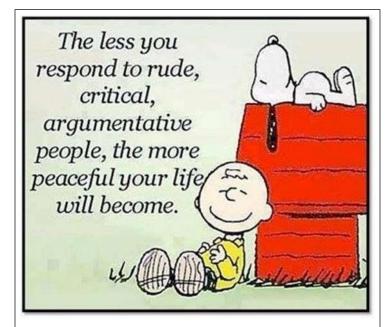
HOGWASH - Steamboats carried both people and animals. Since pigs smelled so bad they would be washed before being put on board. The mud and other filth that was washed off was considered useless "hog wash".

CURFEW - The word "curfew" comes from the French phrase "couvre-feu", which means "cover the fire". It was used to describe the time of blowing out all lamps and candles. It was later adopted into Middle English as "curfeu" which later became the modern "curfew". In the early American colonies homes had no real fireplaces so a fire was built in the centre of the room. In order to make sure a fire did not get out of control during the night it was required that, by an agreed upon time, all fires would be covered with a clay pot called-a "curfew".

BARRELS OF OIL - When the first oil wells were drilled they had made no provision for storing the liquid so they used water barrels. That is why, to this day, we speak of barrels of oil rather than gallons.

HOT OFF THE PRESS - As the paper goes through the rotary printing press friction causes it to heat up. Therefore, if you grab the paper right off the press it's hot The expression means to get immediate information.

There, don't you feel smarter now?



Betcha Didn't Know ..

The liquid inside young coconuts can be used as a substitute for Blood plasma.

No piece of paper can be folded in half more than seven (7) times. Oh go ahead .. I'll wait..

Donkeys kill more people annually than plane crashes or shark attacks.

You burn more calories sleeping than you do watching television.

Oak trees do not produce acorns until they are fifty (50) years of age, or older.

The first product to have a bar code was Wrigley's aum.

The King of Hearts is the only king WITHOUT A MOUSTACHE

American Airlines saved \$40,000 in 1987 by eliminating one (1) olive from each salad served in first-class.

Venus is the only planet that rotates clockwise. (Since Venus is normally associated with women, what does this tell you?)

(That women are going in the 'right' direction...?)

Apples, not caffeine, are more efficient at waking you up in the morning.

Most dust particles in your house are made from DEAD SKIN!

The first owner of the Marlboro Company died of lung cancer.

So did the first 'Marlboro Man'.

Walt Disney was afraid OF MICE!

PEARLS DISSOLVE IN VINEGAR!

The ten most valuable brand names on earth: Apple, Coca Cola, Google, IBM, Microsoft, GE, McDonalds, Samsung, Intel, and Toyota in that order.

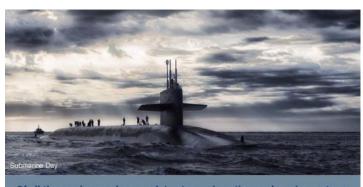
A duck's quack doesn't echo, and no one knows why.

Dentists have recommended that a toothbrush be kept at least six (6) feet away from a toilet to avoid airborne particles resulting from the flush.

(I keep my toothbrush in the living room now!)

Turtles can breathe through their butts.

(I know some people like that, don't YOU?)



Of all the servicemembers on duty at any given time, submariners at sea stand duty on six-hour watches 24 hours a day, 7 days a week without colidays .. for months on end .. inside the most perilous and lethal machine on Earth.

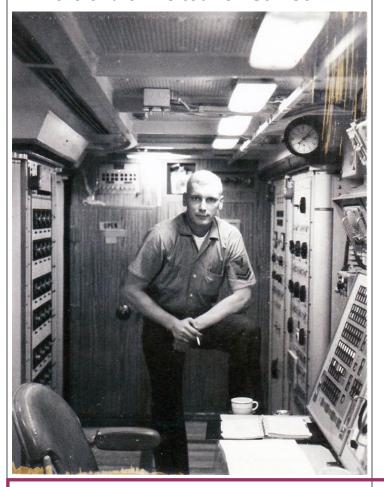
They work and live in the intensely inhospitable and unforgiving, cold, black netherworld beneath the rolling waves known as

the realm of Neptune.

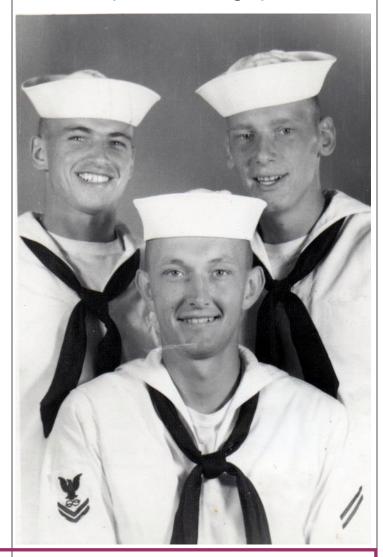
Normal people do not belong here.

Pictures of FTB2(SS) Chester Gorsky submitted by his son J.P. Gorsky

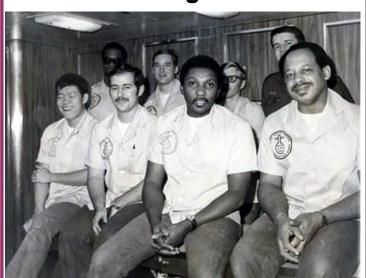
Dad on patrol while in MCC towards the end of his tour on Stimson



Dad with some shipmates (Chet on far right).



MS Gang 78-79



Submitted by Phil Bettencourt **Dolphin pinning CO CDR Bell**



Submitted by Dan Ballard, FTB2(SS) B 86-89

Pie in the face! Especially to COB Nichols. And the EB Green game!!







Submitted by John DeAnda, RM3(SS) G 76-79 Getting Dolphins 1977 from CO CDR Bell



Submitted by Tim Esch, STS2(SS) G 77-78

Sonar Gang G 77-78



Print a copy, complete and mail with your check to the address below:



Event Registration 655 Reunion #11

13-17 October 2021 Holiday Inn Cincinnati Airport 1717 Airport Exchange Blvd. Erlanger, KY 41018

888.294.5067

www.holidayinn.com/cvg-airport

Call the hotel number above or reserve on their website.

Reserve Group Rates using either:

Henry L. Stimson 655 Reunion OR Block Code USS

Hotel Reservation Deadline SEPT 8, 2021

Hotel Reservation is the responsibility of the individual.

Reunion Registration Deadline SEPT 8, 2021

http://ssbn655.org/reunions/2020_Reunion11



Please complete (print legibly), print the form and return along with a check payable to: **Henry L. Stimson Reunion Mail to:** Dick Young, 7209 Austin Woods Ln., Cincinnati OH 45247 **Email**: stimson655reunion2020@aol.com

Chinmata Nama					
Shipmate Name: Spouse Signi					
Street Address:			Zin:		
Phone: Home:					
	Work:				
Number who will be attending this event i					
# Patrols on STIMSON:					
Dates Onboard Rate C	Crew Dates Onboar	rd Rate	Crew		
Special Needs:					
(Event attendance will be through adva	REUNION USE ONLY				
I am registering for the following per pers	on (Association Member and	all guests):	Check #		
Registration Fee: (required for all)	\$45.00 ea Number: _	=	Date Rcvd		
Saturday Banquet: (if attending)	\$35.00 ea Number: _	=			
Wright Patterson AFB Tour (if attending	ng) \$30.00 ea Number: _	=	Registration #		
Ohio River Cruise/Meal (if attending)	\$75.00 ea Number: _	=	_		
	Total Enclose	d	Hotel Resv:		

Two are two scheduled events. Please indicate your interest. Include fees with your check for the reunion.

- 1. **Thursday**: Wright Patterson AFB Museum Tour in Dayton OH. This is a 70 mile trip (just over an hour) and we will go by coach bus/s. Cost for the tour/transportation is \$30.00 per person. (Include the fee in your check for registration.)
- 2. **Friday**: Ohio River Cruise and Meal. The cruise departure is less than a 30 minutes from the hotel and we will go by coach bus/s. Cost for the Cruise/Meal and transportation is \$75.00 per person. (Include the fee in your check for registration.)

The Association has established a refund policy for reunion registrations and it is located within our Bylaws in Article V.g. You can view this policy at: http://ssbn655.org/association/bylaws/1610%20655BylawRev.pdf or on the back of this form.

g. Cancellation of reunion registration and the refund of monies paid will be based on the timing of the cancellation. Registration cancelled prior to the reunion registration cutoff date will result in refund of monies paid minus the registration/office fee. For cancellation after the registration cutoff date, there will be no refund of monies paid.

Cincinnati is located in Southwest Ohio and just across the Ohio River is Northern Kentucky where the reunion will be held. It's only 10 miles from Indiana. There are 3 Interstates that lead to Cincinnati: I-74, I-75 and I-71. We are located a day's drive (8-10 hours) from most of the East Coast. There will be plenty of free parking at the hotel for cars and RV's.

If you are flying there are 7 major airlines that service Cincinnati (CVG) and several are discount airlines. They include Air Canada, Allegiant, American, Delta, Frontier, Southwest and United. A free shuttle service from the airport (1.5 miles) is provided by the hotel.

Along with the planned activities here are a few activities that you can do on your own if you arrive early or stay late or don't plan on going to the Wright Patterson AFB Museum on Thursday.

The baseball season will be over but the Reds have one of the best Museums in the Professional

Baseball and it's located next to the Great American Ball Park. The Museum is free to veterans.

https://www.mlb.com/reds/hall-of-fame

Our Zoo and Botanical Gardens are second to none with a White Tiger display and Baby Fiona, a hippo raised from birth at the zoo.

http://cincinnatizoo.org/

Tthe Creation Museum is about 7 miles from the hotel. It's a state of the art Adventure through biblical history with stunning exhibits, botanical gardens, planetarium, zoo, zip lining ...and dinosaurs. In the Bible??? For real??? You gotta see it to believe it.

□ https://creationmuseum.org/

The Ark Encounter is 20 miles south and has a real wooden Ark based on the size described in the bible; it is huge.

☐ https://arkencounter.com/

Kentucky Horse Park is about 45 miles away near Lexington Kentucky.

□ https://kyhorsepark.com/

The Cincinnati Museum Center is near the downtown area and housed in the old Art-Deco Union Terminal Train Station. It has a natural history museum and the Cincinnati History Museum. You can also tour the old railroad control station housed on the top floor. It also features an IMAX theater.

□ https://www.cincymuseum.org/

The Hofbrauhaus in Newport, KY features the best German food outside of Munich.

□ https://www.hofbrauhausnewport.com/

You may want to check out the restaurant on the top of the Radisson Hotel located in Covington, Ky (5 miles from the hotel) on the Ohio River. It sits on the 18th floor of the hotel and revolves once every 45 minutes, giving a great view of the downtown area, and the food is delicious.

□ https://www.restaurantcovingtonky.com/